

Region 1

Northwestern Area Agency on Aging

Area Plan on Aging



Effective:

October 1, 2022 – September 30, 2025

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VERIFICATION OF INTENT

The October 1, 2022 – September 30, 2025 Area Plan on Aging is hereby submitted for Northwestern Area Agency on Aging, which includes the following counties: Brooke, Calhoun, Doddridge, Gilmer, Hancock, Harrison, Marion, Marshall, Monongalia, Ohio, Pleasants, Ritchie, Tyler, Wetzel, Wirt, and Wood.

This document is for approval of specific services and activities from October 1, 2022 through September 30, 2025. The Northwestern Area Agency on Aging assures that this document adheres to all the provisions of the Older Americans Act, as implemented by the Administration on Aging, during the period identified. The Area Agency on Aging named above will assume full authority to develop and administer the Area Plan in accordance with all requirements of the Act and related state policies, procedures, and regulations. In accepting this authority, the Area Agency on Aging assumes the major responsibilities to develop and administer a comprehensive and coordinated system of services and activities for providing a positive impact on the lives of elderly people within the service area.

By submitting this Area Plan to the West Virginia Bureau of Senior Services for approval, the Area Agency on Aging and its directors, managers, and councilors agree to comply with the Area Plan Assurances.

8/20/2022

(Date)

K. B. Hildak

(Area Agency on Aging Director's Signature)

The Governing Body of the Area Agency on Aging has reviewed this Plan and supports all information contained herein.

8/20/2022

(Date)

[Signature]

(Sponsoring Board President's Signature)

AREA PLAN ASSURANCES OF COMPLIANCE
FY 2023
Older Americans Act, As Amended in 2020

This section asserts and affirms the acceptance of federal and state conditions and assurances which govern use of Older American Act funds as well as other programs managed through the West Virginia Bureau of Senior Services.

Sec. 306, AREA PLANS

(a) Each area agency on aging designated under section 305(a)(2)(A) shall, in order to be approved by the State agency, prepare and develop an area plan for a planning and service area for a two-, three-, or four-year period determined by the State agency, with such annual adjustments as may be necessary. Each such plan shall be based upon a uniform format for area plans within the State prepared in accordance with section 307(a)(1). Each such plan shall—

(1) provide, through a comprehensive and coordinated system, for supportive services, nutrition services, and, where appropriate, for the establishment, maintenance, modernization, or construction of multipurpose senior centers (including a plan to use the skills and services of older individuals in paid and unpaid work, including multigenerational and older individual to older individual work), within the planning and service area covered by the plan, including determining the extent of need for supportive services, nutrition services, and multipurpose senior centers in such area (taking into consideration, among other things, the number of older individuals with low incomes residing in such area, the number of older individuals who have greatest economic need (with particular attention to low-income older individuals, including low-income minority older individuals, older individuals with limited English proficiency, and older individuals residing in rural areas) residing in such area, the number of older individuals who have greatest social need (with particular attention to low-income older individuals, including low-income minority older individuals, older individuals with limited English proficiency, and older individuals residing in rural areas) residing in such area, the number of older individuals at risk for institutional placement residing in such area, and the number of older individuals who are Indians residing in such area, and the efforts of voluntary organizations in the community), evaluating the effectiveness of the use of resources in meeting such need, and entering into agreements with providers of supportive services, nutrition services, or multipurpose senior centers in such area, for the provision of such services or centers to meet such need;

(2) provide assurances that an adequate proportion, as required under section 307(a)(2), of the amount allotted for part B to the planning and service area will be expended for the delivery of each of the following categories of services—

(A) services associated with access to services (transportation, health services (including mental and behavioral health services), outreach, information and assistance (which may include information and assistance to consumers on availability of services under part B and how to receive benefits under and participate in publicly supported programs for which the consumer may be eligible) and case management services);

(B) in-home services, including supportive services for families of older individuals with Alzheimer's disease and related disorders with neurological and organic brain dysfunction; and

(C) legal assistance; and assurances that the area agency on aging will report annually to the State agency in detail the amount of funds expended for each such category during the fiscal year most recently concluded;

(3) (A) designate, where feasible, a focal point for comprehensive service delivery in each community, giving special consideration to designating multipurpose senior centers (including multipurpose senior centers operated by organizations referred to in paragraph (6)(C)) as such focal point; and

(B) specify, in grants, contracts, and agreements implementing the plan, the identity of each focal point so designated;

(4) (A)(i)(I) provide assurances that the area agency on aging will—

(aa) set specific objectives, consistent with State policy, for providing services to older individuals with greatest economic need, older individuals with greatest social need, and older individuals at risk for institutional placement;

(bb) include specific objectives for providing services to low-income minority older individuals, older individuals with limited English proficiency, and older individuals residing in rural areas; and

(II) include proposed methods to achieve the objectives described in items (aa) and (bb) of sub-clause (I);

(ii) provide assurances that the area agency on aging will include in each agreement made with a provider of any service under this title, a requirement that such provider will—

(I) specify how the provider intends to satisfy the service needs of low-income minority individuals, older individuals with limited English proficiency, and older individuals residing in rural areas in the area served by the provider;

(II) to the maximum extent feasible, provide services to low-income minority individuals, older individuals with limited English proficiency, and older individuals residing in rural areas in accordance with their need for such services; and

(III) meet specific objectives established by the area agency on aging, for providing services to low-income minority individuals, older individuals with limited English proficiency, and older individuals residing in rural areas within the planning and service area; and

(iii) with respect to the fiscal year preceding the fiscal year for which such plan is prepared —

(I) identify the number of low-income minority older individuals in the planning and service area; (II) describe the methods used to satisfy the service needs of such minority older individuals; and

(III) provide information on the extent to which the area agency on aging met the objectives described in clause (i).

(B) provide assurances that the area agency on aging will use outreach efforts that will—

(i) identify individuals eligible for assistance under this Act, with special emphasis on—

(I) older individuals residing in rural areas;

(II) older individuals with greatest economic need (with particular attention to low-income minority individuals and older individuals residing in rural areas);

(III) older individuals with greatest social need (with particular attention to low-income minority individuals and older individuals residing in rural areas);

- (IV) older individuals with severe disabilities;
- (V) older individuals with limited English proficiency;
- (VI) older individuals with Alzheimer's disease and related disorders with neurological and organic brain dysfunction (and the caretakers of such individuals); and
- (VII) older individuals at risk for institutional placement, specifically including survivors of the Holocaust; and
- (ii) inform the older individuals referred to in sub-clauses (I) through (VII) of clause (i), and the caretakers of such individuals, of the availability of such assistance; and
- (C) contain an assurance that the area agency on aging will ensure that each activity undertaken by the agency, including planning, advocacy, and systems development, will include a focus on the needs of low-income minority older individuals and older individuals residing in rural areas.
- (5) provide assurances that the area agency on aging will coordinate planning, identification, assessment of needs, and provision of services for older individuals with disabilities, with particular attention to individuals with severe disabilities, and individuals at risk for institutional placement, with agencies that develop or provide services for individuals with disabilities;
- (6) provide that the area agency on aging will—
 - (A) take into account in connection with matters of general policy arising in the development and administration of the area plan, the views of recipients of services under such plan;
 - (B) serve as the advocate and focal point for older individuals within the community by (in cooperation with agencies, organizations, and individuals participating in activities under the plan) monitoring, evaluating, and commenting upon all policies, programs, hearings, levies, and community actions which will affect older individuals;
 - (C)(i) where possible, enter into arrangements with organizations providing day care services for children, assistance to older individuals caring for relatives who are children, and respite for families, so as to provide opportunities for older individuals to aid or assist on a voluntary basis in the delivery of such services to children, adults, and families;
 - (ii) if possible regarding the provision of services under this title, enter into arrangements and coordinate with organizations that have a proven record of providing services to older individuals, that—
 - (I) were officially designated as community action agencies or community action programs under section 210 of the Economic Opportunity Act of 1964 (42U.S.C. 2790) for fiscal year 1981, and did not lose the designation as a result of failure to comply with such Act; or
 - (II) came into existence during fiscal year 1982 as direct successors in interest to such community action agencies or community action programs;
- and that meet the requirements under section 676B of the Community Services Block Grant Act; and
- (iii) make use of trained volunteers in providing direct services delivered to older individuals and individuals with disabilities needing such services and, if possible, work in coordination with organizations that have experience in providing training, placement, and stipends for volunteers or participants (such as organizations carrying out Federal service programs administered by the Corporation for National and Community Service), in community service settings;
- (D) establish an advisory council consisting of older individuals (including minority individuals and older individuals residing in rural areas) who are participants or who are eligible to participate in programs assisted under this Act, family caregivers of such individuals, representatives of older individuals, service providers, representatives of the business community, local elected officials, providers of veterans' health care (if appropriate), and the general public, to advise continuously the

area agency on aging on all matters relating to the development of the area plan, the administration of the plan and operations conducted under the plan;

(E) establish effective and efficient procedures for coordination of—

(i) entities conducting programs that receive assistance under this Act within the planning and service area served by the agency; and

(ii) entities conducting other Federal programs for older individuals at the local level, with particular emphasis on entities conducting programs described in section 203(b), within the area;

(F) in coordination with the State agency and with the State agency responsible for mental and behavioral health services, increase public awareness of mental health disorders, remove barriers to diagnosis and treatment, and coordinate mental and behavioral health services (including mental health screenings) provided with funds expended by the area agency on aging with mental and behavioral health services provided by community health centers and by other public agencies and nonprofit private organizations;

(G) if there is a significant population of older individuals who are Indians in the planning and service area of the area agency on aging, the area agency on aging shall conduct outreach activities to identify such individuals in such area and shall inform such individuals of the availability of assistance under this Act;

(H) in coordination with the State agency and with the State agency responsible for elder abuse prevention services, increase public awareness of elder abuse, neglect, and exploitation, and remove barriers to education, prevention, investigation, and treatment of elder abuse, neglect, and exploitation, as appropriate; and

(I) to the extent feasible, coordinate with the State agency to disseminate information about the State assistive technology entity and access to assistive technology options for serving older individuals;

(7) provide that the area agency on aging shall, consistent with this section, facilitate the areawide development and implementation of a comprehensive, coordinated system for providing long-term care in home and community-based settings, in a manner responsive to the needs and preferences of older individuals and their family caregivers, by—

(A) collaborating, coordinating activities, and consulting with other local public and private agencies and organizations responsible for administering programs, benefits, and services related to providing long-term care;

(B) conducting analyses and making recommendations with respect to strategies for modifying the local system of long-term care to better—

(i) respond to the needs and preferences of older individuals and family caregivers;

(ii) facilitate the provision, by service providers, of long-term care in home and community-based settings; and

(iii) target services to older individuals at risk for institutional placement, to permit such individuals to remain in home and community-based settings;

(C) implementing, through the agency or service providers, evidence-based programs to assist older individuals and their family caregivers in learning about and making behavioral changes intended to reduce the risk of injury, disease, and disability among older individuals; and

(D) providing for the availability and distribution (through public education campaigns, Aging and Disability Resource Centers, the area agency on aging itself, and other appropriate means) of information relating to—

(i) the need to plan in advance for long-term care; and

- (ii) the full range of available public and private long-term care (including integrated long-term care) programs, options, service providers, and resources;
- (8) provide that case management services provided under this title through the area agency on aging will—
- (A) not duplicate case management services provided through other Federal and State programs;
- (B) be coordinated with services described in subparagraph (A); and
- (C) be provided by a public agency or a nonprofit private agency that—
- (i) gives each older individual seeking services under this title a list of agencies that provide similar services within the jurisdiction of the area agency on aging;
- (ii) gives each individual described in clause (i) a statement specifying that the individual has a right to make an independent choice of service providers and documents receipt by such individual of such statement;
- (iii) has case managers acting as agents for the individuals receiving the services and not as promoters for the agency providing such services; or
- (iv) is located in a rural area and obtains a waiver of the requirements described in clauses (i) through (iii);
- (9) (A) provide assurances that the area agency on aging, in carrying out the State Long-Term Care Ombudsman program under section 307(a)(9), will expend not less than the total amount of funds appropriated under this Act and expended by the agency in fiscal year 2019 in carrying out such a program under this title;
- (B) funds made available to the area agency on aging pursuant to section 712 shall be used to supplement and not supplant other Federal, State, and local funds expended to support activities described in section 712;
- (10) provide a grievance procedure for older individuals who are dissatisfied with or denied services under this title;
- (11) provide information and assurances concerning services to older individuals who are Native Americans (referred to in this paragraph as "older Native Americans"), including—
- (A) information concerning whether there is a significant population of older Native Americans in the planning and service area and if so, an assurance that the area agency on aging will pursue activities, including outreach, to increase access of those older Native Americans to programs and benefits provided under this title;
- (B) an assurance that the area agency on aging will, to the maximum extent practicable, coordinate the services the agency provides under this title with services provided under title VI; and
- (C) an assurance that the area agency on aging will make services under the area plan available, to the same extent as such services are available to older individuals within the planning and service area, to older Native Americans;
- (12) provide that the area agency on aging will establish procedures for coordination of services with entities conducting other Federal or federally assisted programs for older individuals at the local level, with particular emphasis on entities conducting programs described in section 203(b) within the planning and service area.
- (13) provide assurances that the area agency on aging will—
- (A) maintain the integrity and public purpose of services provided, and service providers, under this title in all contractual and commercial relationships;
- (B) disclose to the Assistant Secretary and the State agency—

- (i) the identity of each nongovernmental entity with which such agency has a contract or commercial relationship relating to providing any service to older individuals; and
 - (ii) the nature of such contract or such relationship;
- (C) demonstrate that a loss or diminution in the quantity or quality of the services provided, or to be provided, under this title by such agency has not resulted and will not result from such contract or such relationship;
- (D) demonstrate that the quantity or quality of the services to be provided under this title by such agency will be enhanced as a result of such contract or such relationship; and
- (E) on the request of the Assistant Secretary or the State, for the purpose of monitoring compliance with this Act (including conducting an audit), disclose all sources and expenditures of funds such agency receives or expends to provide services to older individuals;
- (14) provide assurances that preference in receiving services under this title will not be given by the area agency on aging to particular older individuals as a result of a contract or commercial relationship that is not carried out to implement this title;
- (15) provide assurances that funds received under this title will be used—
- (A) to provide benefits and services to older individuals, giving priority to older individuals identified in paragraph (4)(A)(i); and
 - (B) in compliance with the assurances specified in paragraph (13) and the limitations specified in section 212;
- (16) provide, to the extent feasible, for the furnishing of services under this Act, consistent with self-directed care;
- (17) include information detailing how the area agency on aging will coordinate activities, and develop long-range emergency preparedness plans, with local and State emergency response agencies, relief organizations, local and State governments, and any other institutions that have responsibility for disaster relief service delivery;
- (18) provide assurances that the area agency on aging will collect data to determine—
- (A) the services that are needed by older individuals whose needs were the focus of all centers funded under title IV in fiscal year 2019; and
 - (B) the effectiveness of the programs, policies, and services provided by such area agency on aging in assisting such individuals; and
- (19) provide assurances that the area agency on aging will use outreach efforts that will identify individuals eligible for assistance under this Act, with special emphasis on those individuals whose needs were the focus of all centers funded under title IV in fiscal year 2019.
- (b)(1) An area agency on aging may include in the area plan an assessment of how prepared the area agency on aging and service providers in the planning and service area are for any anticipated change in the number of older individuals during the 10-year period following the fiscal year for which the plan is submitted.
- (2) Such assessment may include—
- (A) the projected change in the number of older individuals in the planning and service area;
 - (B) an analysis of how such change may affect such individuals, including individuals with low incomes, individuals with greatest economic need, minority older individuals, older individuals residing in rural areas, and older individuals with limited English proficiency;

(C) an analysis of how the programs, policies, and services provided by such area agency can be improved, and how resource levels can be adjusted to meet the needs of the changing population of older individuals in the planning and service area; and

(D) an analysis of how the change in the number of individuals age 85 and older in the planning and service area is expected to affect the need for supportive services.

(3) An area agency on aging, in cooperation with government officials, State agencies, tribal organizations, or local entities, may make recommendations to government officials in the planning and service area and the State, on actions determined by the area agency to build the capacity in the planning and service area to meet the needs of older individuals for—

(A) health and human services;

(B) land use;

(C) housing;

(D) transportation;

(E) public safety;

(F) workforce and economic development;

(G) recreation;

(H) education;

(I) civic engagement;

(J) emergency preparedness;

(K) protection from elder abuse, neglect, and exploitation;

(L) assistive technology devices and services; and

(M) any other service as determined by such agency.

(c) Each State, in approving area agency on aging plans under this section, shall waive the requirement described in paragraph (2) of subsection (a) for any category of services described in such paragraph if the area agency on aging demonstrates to the State agency that services being furnished for such category in the area are sufficient to meet the need for such services in such area and had conducted a timely public hearing upon request.

(d)(1) Subject to regulations prescribed by the Assistant Secretary, an area agency on aging designated under section 305(a)(2)(A) or, in areas of a State where no such agency has been designated, the State agency, may enter into agreement with agencies administering programs under the Rehabilitation Act of 1973, and titles XIX and XX of the Social Security Act for the purpose of developing and implementing plans for meeting the common need for transportation services of individuals receiving benefits under such Acts and older individuals participating in programs authorized by this title.

(2) In accordance with an agreement entered into under paragraph (1), funds appropriated under this title may be used to purchase transportation services for older individuals and may be pooled with funds made available for the provision of transportation services under the Rehabilitation Act of 1973, and titles XIX and XX of the Social Security Act.

(e) An area agency on aging may not require any provider of legal assistance under this title to reveal any information that is protected by the attorney-client privilege.

(f)(1) If the head of a State agency finds that an area agency on aging has failed to comply with Federal or State laws, including the area plan requirements of this section, regulations, or policies, the State may withhold a portion of the funds to the area agency on aging available under this title.

(2) (A) The head of a State agency shall not make a final determination withholding funds under paragraph (1) without first affording the area agency on aging due process in accordance with procedures established by the State agency.

(B) At a minimum, such procedures shall include procedures for—

(i) providing notice of an action to withhold funds;

(ii) providing documentation of the need for such action; and

(iii) at the request of the area agency on aging, conducting a public hearing concerning the action.

(3) (A) If a State agency withholds the funds, the State agency may use the funds withheld to directly administer programs under this title in the planning and service area served by the area agency on aging for a period not to exceed 180 days, except as provided in subparagraph (B).

(B) If the State agency determines that the area agency on aging has not taken corrective action, or if the State agency does not approve the corrective action, during the 180-day period described in subparagraph (A), the State agency may extend the period for not more than 90 days.

(g) Nothing in this Act shall restrict an area agency on aging from providing services not provided or authorized by this Act, including through—

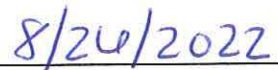
(1) contracts with health care payers;

(2) consumer private pay programs; or

(3) other arrangements with entities or individuals that increase the availability of home and community-based services and supports.



Signature and Title of Authorized Official



Date

A. Plan Narrative

Introduction and Context

Executive Summary

This Area Plan of the Northwestern Area Agency on Aging (NWAAA) serves as a guide to the direction and service goals for the aging provider network of Region 1 as designated by the WV Bureau of Senior Services (BoSS) for FY 2023.

Services available within this service delivery area (SDA) included those provided for in Title III of the Older Americans Act, as amended 2020, including long-term care ombudsmen and WV Senior Legal Aid services through a contract relationship with the WV Bureau of Senior Services and related State aging services.

During the FY23 program year, the AAA will focus on more training and technical assistance with providers offering a more person-centered and holistic array of services to the citizens within their respective SDA, with an emphasis on intergenerational experiences and services. The NWAAA will collaborate with the State's other 3 AAA's to plan and conduct 4 statewide or regional trainings on this subject. One of the core responsibilities for Northwestern Area Agency on Aging is to ensure that funds allocated are spent according to guidelines established by state and federal partners. Additional planning and training emphasis will be on business acumen (business expansion with other third-party payers).

Although COVID-19 restrictions have subsided, we have continued to serve the state's seniors with in-home care services, transportation to appointments and necessary shopping, wellness checks and hot meals. Grab and Go meals, senior center meals, and the emergency five (5) day meal packs provided under Governor Justices' Summer Food Assistance Program will continue to be available for those seniors and Grand Families unwilling or unable to attend the congregate service.

Furthermore, the NWAAA will also work cooperatively with the WV Bureau of Senior Services in meeting goals and objectives as reference its State Plan on Aging, October 2022 through September 2025.

Geographical and Demographical Characteristics

The Northwestern AAA planning area covers more than 4,401 square miles, almost 20% of West Virginia.

Region 1 encompasses the following sixteen (16) counties of Northwestern West Virginia: Brooke, Calhoun, Doddridge, Gilmer, Hancock, Harrison, Marion, Marshall, Monongalia, Ohio, Pleasants, Ritchie, Tyler, Wetzel, Wirt, and Wood. Brooke, Calhoun, Doddridge, Gilmer, Hancock, Harrison, Marion, Marshall, Monongalia, Ohio, Pleasants, Ritchie, Tyler, Wetzel, Wirt, and Wood..

Region 1 has a total population of 502,405 people (28% of WV) and 99,858 Seniors (20% of total Region 1 population). Within the 16 county region, Monongalia was the only county that has an increased population of .50%. The counties experiencing the most decrease in population are Wirt, Brooke, Tyler and Wetzel counties.

The office of NWAAA is in Wheeling, WV. The centralized location for Region 1 is Marion and Harrison County Senior Centers for meetings and events.

The following are economic status, rurality status, low-income status, minority status, and health status facts from the most recently updated Census data (2020):

Highest Minority Population

- Gilmer 19%
- Monongalia 12%
- Ohio 8%
- Hancock 7%

Most Persons in Poverty

- Gilmer 23%
- Calhoun 20%
- Ohio 18%
- Wirt 18%

Most Rural

- Wirt
- Doddridge
- Gilmer
- Calhoun

Highest Veteran Population

- Wood 18%
- Monongalia 15%
- Harrison 14%
- Marion 12%

Households without Broadband

- Calhoun 32%
- Doddridge 30%
- Wirt 29%
- Gilmer 28%

Persons Without Health Insurance

- Ritchie 9%
- Calhoun 9%
- Doddridge 9%
- Hancock 9%

Lowest Accomodations/Food Service Sales

- Calhoun
- Doddridge
- Tyler
- Gilmer

Lowest Transportation Revenue

- Gilmer
- Pleasants
- Brooke
- Marion

Lowest Healthcare and Social Assistance Revenue

- Doddridge
- Ritchie
- Gilmer
- Tyler

Services, Supports and other funding sources

Title III-B: Support Services such as Adult Day Care, Assisted Transportation, Transportation, Chore, Personal Care, and Homemaker.

Title III-C: Nutrition Services such as Congregate Meals, Home-Delivered Meals, Frozen or Shelf Stable Non-Emergency Meals.

Title III-D: Disease Prevention & Home Promotion Services (Programs in Health Improvement and Evidence Based)

Title III-E: Family Caregiver Support Program (Support for individuals caring for frail elderly family members) such as Congregate and In-Home Respite Services.

L.I.F.E (Legislative Initiative For the Elderly) Grant: Additional State funding to support Title III services.

Public Input and Needs Assessment

The NWAAA Area Plan on Aging has been posted on our agency website ([link](#)) and open for public input on September 1, 2022 for 10 days.

The NWAAA utilized the Needs Assessment completed by Marshall University for the West Virginia Bureau of Senior Services. According to the results, The Northwestern Region's highest need is Broadband Access. NWAAA will plan to do a regional Needs Assessment via online survey for the following Area Plan on Aging in FY26.

A Look Ahead: A Plan for the Future

The Northwestern Area Agency on Aging is dedicated to addressing the needs of the aging population in our region. The four goals listed in this plan offer the direction and vision needed to advance our region. We will continue to work with federal, state, and local organizations as well as volunteers and aging advocates to accomplish the objectives set forth in this plan. We need to improve collaboration, concentrate on resources for older individuals and caregivers, maintain accountability for ourselves and aging providers to continue offering high-quality services to older adults in our region.

B. Goals and Strategies

Goal 1: Enable older adults and other interested parties to make informed decisions regarding services and supports for older individuals.

Objective 1.1: Provide awareness, educational and training opportunities to the West Virginia aging population and stakeholders regarding available services and supports for older adults.

Strategy 1:

Provide in-person or virtual trainings to county providers on aging services and resources.

Performance Measure 1:

Provide at least four (4) trainings a year to county providers on aging services and resources.

Timeline 1:

Begin FY23, Quarterly

Strategy 2:

Work with the WV Bureau of Senior Services to create an online training library for county providers to access training modules and Senior resources.

Performance Measure 2:

Research training opportunities and develop modules that will assist county providers and the WV Bureau of Senior Services.

Meet with the WV Bureau of Senior Services quarterly (4) to discuss training modules

Timeline 2:

Begin FY23

Strategy 3:

Develop a workgroup that researches virtual platforms that can assist county providers with access to training, education, and resources.

Performance Measure 3:

Schedule quarterly meetings with the workgroup to discuss research and meet with at least 1 virtual platform representative for a preview of their platform.

Timeline 3:

Begin FY23, Quarterly

Objective 1.2: Work to strengthen the aging network workforce through recruitment, retention, and training opportunities.

<p>Strategy 1: Along with other WV AAA's, host quarterly meetings to train and educate county providers on aging programs, policies, grant and fiscal operations.</p>
<p>Performance Measure 1: Schedule (4) quarterly in-person or online trainings with county providers to discuss and train them on requested or needed topics.</p>
<p>Timeline 1: FY23, Ongoing</p>
<p>Strategy 2: Attend all WV Bureau of Senior Services training presentations with professional aging partners and collect information for county providers for training opportunities</p>
<p>Performance Measure 2: Host at least one (1) training and provide county providers the materials, resources, and information provided in the WV Bureau of Senior Services trainings.</p>
<p>Timeline 2: FY23, Ongoing</p>
<p>Strategy 3: Work with the WV Bureau of Senior Services and County Providers on a plan to recruit and retain volunteers within the aging network.</p>
<p>Performance Measure 3: Develop brochures and educational materials to distribute in-person and online to attract volunteers in the aging network.</p>
<p>Timeline 3: Begin FY23, Ongoing</p>

Objective 1.3: Enhance technology capabilities and knowledge to expand training and educational opportunities.

Strategy 1: Research representatives to present an informative presentation on technology systems.
Performance Measure 1: Contact representatives to request a virtual technology training at the four (4) quarterly county provider meetings.
Timeline 1: Begin FY23, Ongoing
Strategy 2: Provide trainings to county providers to present technology training materials like Microsoft Office (Word, Office, PowerPoint), Zoom, and other aging virtual platforms.
Performance Measure 2: AAA Staff will present (4) quarterly trainings on virtual platforms to county aging providers.
Timeline 2: Begin FY23, Ongoing

Objective 1.4: The WV Aging Network will be trained and knowledgeable about participant- directed, person-centered planning that focuses on each individual' s goals to promote independence, respect and dignity.

Strategy 1:

The AAA will continue enforcing required county provider trainings on participant-directed, person-centered planning.

Performance Measure 1:

The AAA will monitor county providers annually to ensure 100% compliance on participant-directed, person centered planning.

Timeline 1:

FY23, Annually

Strategy 2:

Research person-centered planning concepts to caregiver support programs and care plans.

Performance Measure 2:

Provide research materials and monitor Title III-E programs for 100% compliance with person-centered planning concepts.

Timeline 2:

FY23, Ongoing

Outcomes

- Through development of multi-platform public awareness campaigns, Bureau staff and county aging providers provide consistent, current and person-centered information to WV seniors and other interested parties.
- The WV direct-care workforce has consistent training curriculum and electronic access to training materials and modules.
- West Virginia seniors have increased awareness and knowledge of the Long-Term Care Ombudsman Program as evidenced via annual service survey.
- SCSEP host agencies increase to provide employment opportunities to West Virginia seniors.
- West Virginia seniors, caregivers and other interested parties have access and training to utilize virtual platforms for services and supports.

GOAL 2: Support and empower older adults to continue to remain in the least restrictive environment.

Objective 2.1: The WV Aging Network will target seniors who reside in rural communities, and those who are minorities, low income and/or more at-risk, based on activities of daily living assessments.

Strategy 1: Along with WV Bureau of Senior Services and WV Senior Legal Aid, the AAA will analyze county data for targeted population.
Performance Measure 1: Region 1 county population data will be analyzed yearly and expected to maintain or increase target population levels.
Timeline 1: FY23, Annually
Strategy 2: Provide funding, training, and support to county providers to offer evidence-based programs that target fall prevention exercises.
Performance Measure 2: Work with aging network providers to research and train 100% of certified staff and/or volunteers to lead in Title III-D programs.
Timeline 2: FY23, Ongoing
Strategy 3: Participate in a workgroup to research and evaluate an aging network consolidation plan with the WV Bureau of Senior Services and county aging providers.
Performance Measure 3: Assist the WV Bureau of Senior Services in the development of a consolidation plan that will be approved by the State Unit on Aging.
Timeline 3: Begin FY23

Objective 2.2: County aging network providers will provide nutritious, cost-effective meals and reduce food insecurity.

Strategy 1:

The AAA will contract with county aging providers that provide nutrition meals that meet the dietary Guidelines and submit menus to the registered dietician

Performance Measure 1:

The AAA will assist the registered dietician to ensure meals are meeting the Dietary Guidelines within the Older Americans Act.

Timeline 1:

FY23, Annually

Strategy 2:

The AAA will conduct quarterly trainings to county aging providers that assist them in the development of proper cost allocation, direct costs, and meal unit cost plans.

Performance Measure 2:

The AAA will review and approve 100% county aging providers Cost Allocation Plan(s).

Timeline 2:

FY23, Annually

Strategy 3:

Assist with WV Bureau of Senior Services in an annual statewide senior food insecurity survey assessment.

Performance Measure 3:

Distribute surveys to each county aging provider, collect and consolidate 100% of county data for a regional report to the WV Bureau of Senior Services.

Timeline 3:

Begin FY23

Objective 2.3: County aging network providers will continue to maintain or increase transportation services to older individuals that meet their needs and support aging in place.

<p>Strategy 1: Provide funding to county aging providers to maintain or increase transportation services to seniors within their community.</p>
<p>Performance Measure 1: Collect 100% of SPR data to evaluate county aging provider service levels and determine if the services maintain or increase in targeted populations.</p>
<p>Timeline 1: FY23, Ongoing</p>

Objective 2.4: County aging network providers will continue to improve the capacity to serve older adults through in-home service programs that meet their needs and support aging in place.

<p>Strategy 1: Assist the WV Bureau of Senior Services in the development of career and training ladder for in-home direct care workers.</p>
<p>Performance Measure 1: Present career and training ladder to 100% of county aging providers for in-home direct care workers and aging network partners</p>
<p>Timeline 1: Begin FY23, Ongoing</p>
<p>Strategy 2: Partner with other AAA's to create a workgroup to evaluate methods to recruit and retain direct care workers.</p>
<p>Performance Measure 2: Present a set of recommendations to 100% of county aging providers on how to retain and recruit direct care workers.</p>
<p>Timeline 2: Begin FY23, Ongoing</p>

Strategy 3:

Distribute Title III in-home service funds to county aging providers to spend 100% of allocations each year.

Performance Measure 3:

With the guidance of the WV Bureau of Senior Services, distribute and monitor 100% of in-home service funds to county aging providers within the northwest region.

Timeline 3:

Begin FY23, Ongoing

Objective 2.5: Utilize technology to improve the quality and efficiency of aging network services.

Strategy 1: Work with county aging providers to create ways to deliver digital content to senior citizens.
Performance Measure 1: Work with the WV Bureau of Senior Services and county aging providers to develop a digital marketing concept.
Timeline 1: Begin FY23
Strategy 2: Enforce strict quality data checks to improve the accuracy, accountability and improve services.
Performance Measure 2: Work with WellSky professionals and county aging providers to ensure missing data elements are corrected.
Timeline 2: Begin FY23, Ongoing

Outcomes

- West Virginia seniors and caregivers continue to receive home and community-based services as evidenced by annual SPR, SPARQ, ADRC, SHIP and Medicaid HCBS data.
- West Virginia seniors are accessing their senior centers as evidenced by an increase in attendance.
- West Virginia seniors receiving OAA nutrition services will be provided healthy meals that reduce food insecurity as evidenced via annual senior services survey , SPR and SAEF assessment for nutrition.
- County aging providers will improve their business practices through training provided regarding cost allocation and meal unit costs.
- Partnerships will be strengthened with other nutrition entities as evidenced by membership on various committees and councils.
- Transportation issues for the aging will be addressed in the State Transportation Plan currently in development.
- Virtual programming will be addressed in all Bureau policy manuals.

GOAL 3: Enable and empower older adults to stay active and healthy and manage chronic conditions.

Objective 3.1: The WV Aging Network will continue to train/facilitate how seniors with chronic diseases can be assisted with managing chronic conditions through in person education, in home care and other education opportunities.

<p>Strategy 1: Enforce and monitor the WV Bureau of Senior Service's Service Assessments and Evaluation Forms to identify seniors with the highest needs and assist with needs surveys.</p>
<p>Performance Measure 1: Collect and consolidate 100% of data from county survey responses.</p>
<p>Timeline 1: FY23, Annually</p>
<p>Strategy 2: Provide funding to county aging providers to offer evidence-based programs at their senior center and other events.</p>
<p>Performance Measure 2: Provide evidence-based funding to 100% of county aging providers</p>
<p>Timeline 2: Begin FY23, Annually</p>
<p>Strategy 3: Assist the WV Bureau of Senior Services and county aging providers with the development of outreach materials on chronic disease and prevention.</p>
<p>Performance Measure 3: Provide information and educational materials to county aging providers to distribute to Seniors who are at risk or have developed chronic diseases.</p>
<p>Timeline 3: Begin FY23, Ongoing</p>

Objective 3.2: Increase the level of physical activity for in-home care service recipients, family caregivers and care receivers.

Strategy 1:

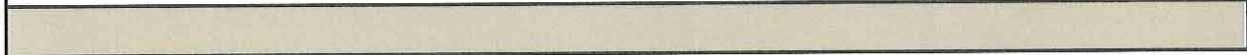
Assist and train county providers with a pilot program that includes physical activities on in-home service Plans of Care.

Performance Measure 1:

Monitor 100% of county aging provider in-home Plans of Care and direct care worker logs to ensure physical activity is being completed.

Timeline 1:

Begin FY23, Annually



Objective 3.3 Promote evidence-based exercise and health promotion programs for all older adults, regardless of age and/or ability.

Strategy 1: The AAA will contract with county aging providers to provide Title III-D funding, training and monitoring to perform evidence-based programs to older adults.
Performance Measure 1: Monitor evidence-based programs annually to ensure at least 1 individual is trained and certified to teach Title III-D exercise and health promotion courses.
Timeline 1: FY23, Annually

Outcomes

- Chronic disease and management will be identified via survey.
- Partnerships to advocate for the needs of seniors and caregivers will be strengthened with West Virginia medical facilities as evidenced through representation on committees and councils.
- Physical activity of seniors and family caregivers will increase through implementation and demonstration of pilot program.
- Falls will decrease due to educational programming as evidenced by incident management system.

GOAL 4: Ensure the dignity and rights of older West Virginians, and reduce abuse, neglect and financial exploitation.

Objective 4.1: The State Unit on Aging will implement an electronic incident management system (i.e., Falls, minor injuries of unknown origin, environmental issue, etc.) for County aging provider programs.

Strategy 1:

The AAA will participate in a workgroup with WellSky and WV Bureau of Senior Services to plan and implement an electronic incident management system

Performance Measure 1:

The AAA will attend 100% of electronic incident management system trainings and meetings.

Timeline 1:

Begin FY23

Objective 4.2: Strengthen the WV Aging Network's efforts to prevent and respond to reports of abuse, neglect, and financial exploitation among all agencies to ensure the rights of older individuals are protected.

<p>Strategy 1: The AAA will contract with WV Senior Legal Aid and other county aging providers that will assist with Elder Abuse education.</p>
<p>Performance Measure 1: WV Senior Legal Aid will present an Elder Abuse presentation at all 4 regional conference trainings</p>
<p>Timeline 1: Begin FY23</p>
<p>Strategy 2: Attend all statewide policy and educational coordination of West Virginia's financial exploitation awareness, prevention, and response meetings and trainings</p>
<p>Performance Measure 2: The AAA will attend (4) quarterly meetings of the Financial Exploitation Taskforce</p>
<p>Timeline 2: FY23, Ongoing</p>
<p>Strategy 3: The AAA will work on strengthening interagency relations involving the prevention of abuse, neglect, and exploitation.</p>
<p>Performance Measure 3: Contact and schedule informative meetings with local agencies/organizations that are involved with abuse, neglect, and exploitation.</p>
<p>Timeline 3: FY23, Ongoing</p>

Objective 4.3: The Aging Network will provide information to older individuals, caregivers, providers and other stakeholders about abuse, neglect, financial exploitation and reporting.

<p>Strategy 1: Work with the WV Bureau of Senior Services to implement an abuse, neglect and financial exploitation training module to provide reporting information and education to county aging providers, older adults, caregivers, and stakeholders.</p>
<p>Performance Measure 1: Participate in the implementation of training materials and presentation of training materials to county aging providers at statewide meetings.</p>
<p>Timeline 1: FY23, Ongoing</p>
<p>Strategy 2: Attend annual World Elder Abuse Awareness Day to collect new and updated information regarding abuse, neglect, and financial exploitation.</p>
<p>Performance Measure 2: Provide educational materials from statewide educational event to 100% of county aging providers</p>
<p>Timeline 2: FY23, Annually</p>
<p>Strategy 3: The AAA will contract with WV Senior Legal Aid to continue to provide legal information, legal advice, and legal advocacy to older adults and aging networks statewide.</p>
<p>Performance Measure 3: Monitor and provide 100% of allocated funding to WV Senior Legal Aid</p>
<p>Timeline 3: FY23, Ongoing</p>

Outcomes

- West Virginia's seniors, caregivers and partners will have an increased awareness and recognition of elder abuse, neglect and exploitation as evidenced by an increase in the number of reported cases.
- West Virginia will be able to obtain better data related to incidents such as falls, minor injuries and medication errors through data collected via the incident management system.

C. Quality Management

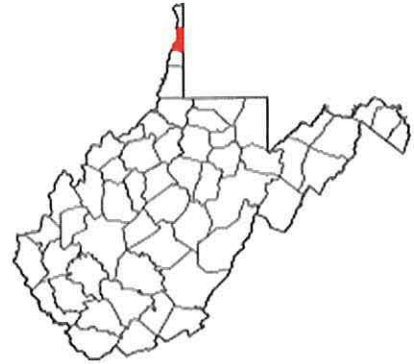
The Northwestern Area Agency on Aging conducts regular performance and service monitoring for all programs receiving funding under Title III. Regular communication with county agency providers, examination and analysis of program performance and expenditure data, and yearly site visits all contribute to monitoring. The WV Bureau of Senior Services and NWAAA performance expectations are used to assess and track program success in reference to agency provider plans.

In addition to onsite monitoring visits, NWAAA uses a risk-based evaluation matrix method to determine the final monitoring plan for each aging provider. Some criteria used to determine risk are: staff qualifications, history of meeting requirements, funding utilization, audit outcomes, and self assessments. A Level 1 Risk contains a basic monitoring and basic support documentation with invoicing; a Level 2 Risk is basic monitoring of previous year, additional support documents with invoicing, and mid-year on-site visits; and a Level 3 Risk is basic monitoring of previous year, basic monitoring of current year with a CPA, full support documentation with invoicing, with quarterly on-site visits.

During our annual monitoring visits, the NWAAA Monitor evaluates fiscal practices, randomized monthly selection of Title III and State invoicing, personnel records, grant management, program documentation, and administrative operations. Monitoring begins in October and ends the following year in September. Once the monitoring is completed, the NWAAA Monitor writes a report describing scope of monitoring documentation used to determine compliance or non-compliance, areas of strength and weaknesses, and recommendations noted. The NWAAA utilizes monitoring tools created by the WV Bureau of Senior Services located on their website (Program-Specific Documents (wvseniorservices.gov)).

IV. General Attachments (Required)

Brooke County



Community Focal Points

Brooke County Administrative Office of October 1, 2021	Days and hours of Operation
Brooke County Senior Center 948 Main Street Follansbee, WV 26037 Sandy Kemp, Interim Director (304) 527-3410 skemp@bccoawv.org FB: Brooke County senior center	Monday - Friday 8 am - 4 pm

Brooke County Multi-Purpose Senior Centers or Comprehensive Service Delivery Sites as of October 1, 2021	Days and hours of Operation
Brooke County Senior Center 948 Main Street Follansbee, WV 26037 Sandy Kemp, Interim Director (304) 527-3410 ext 101 skemp@bccoawv.org Website: www.bcco.org	Monday - Friday 8 am - 4 pm

Brooke County Meal Sites

PROVIDER: Brooke County Committee on Aging, Inc. / Main Office: Follansbee (Brooke Co.)

County: Brooke and Hancock

County Meal Sites as of October 1, 2021	Home Delivery Yes or No	Days of Week Site is Open	Hours of Operation
Brooke County Senior Center 948 Main Street Follansbee, WV 26037 Jamie Craig, Site Manager 304-527-3410	Yes	Monday - Friday	9 am - 1pm
Freedom Place - Brooke County 3720 & 3744 Main Street Weirton, WV 26062 Linda Brown, Site Manager 304-604-2942	Yes	Monday - Friday	9 am - 1pm
Weirton Senior Center - Hancock Co. 3125 Main Street Weirton, WV 26062 Gerald Cervenak, Site Manager 304-748-3490	Yes	Monday - Friday	9 am - 1pm
Hancock House/ Chester - Hancock Co. 720 3 rd Avenue New Cumberland, WV 26047 Patricia Apple, Site Manager 304-564-3290	Yes	Monday - Friday	9 am - 1pm

The Brooke County Committee on Aging, Inc. is subcontracting with Bethany College to provide meals. Meals are delivered in bulk to the sites.

Brooke County Home Delivered Meal Routes

PROVIDER: Brooke County Committee on Aging, Inc. / Main Office: Follansbee, (Brooke Co.

County: Brooke and Hancock

Nutrition Site Location as of October 1, 2021	List Route Names (Mileage from kitchen to furthest Delivery Location)	Time Duration of Route
<p>Bethany College 31s Loops Drive Bethany, WV 26032 Debra Leonard, Brooke County CoA Nutrition Director 304-527-3410</p>	<p><u>Wellsburg / Follansbee Route</u> (City of Follansbee Hooverson Heights, Eldersville Road, St. John's Road, Colliers, City of Wellsburg, Washington Pike, Beech Bottom, Windsor Heights) Furthest Point 12 miles</p>	<p>4 hours</p>
<p>Bethany College 31s Loops Drive Bethany, WV 26032 Karen Scheetz, Brooke County CoA Nutrition Director 304-527-3410</p>	<p><u>Weirton Route</u> City of Weirton, Marland Heights, Pennsylvania Ave., Wiley Ridge Road, Kings Creek) Furthest 14.11 miles</p>	<p>7 hours</p>
<p>Bethany College 31s Loops Drive Bethany, WV 26032 Karen Scheetz, Brooke County CoA Nutrition Director 304-527-3410</p>	<p><u>Chester Route</u> Chester, New Cumberland & Newell Furthest 32.67 miles</p>	<p>3 hours</p>

Calhoun County



Community Focal Points

Calhoun Administrative Office as of October 1, 2021	Days and Hours of Operation
Calhoun County Senior Center P.O. Box 619 / 105 Market Street Grantsville, WV 26147 Rick Poling, Executive Director (304)354-7017 rpoling@cccoa-wv.org Website: www.ccco-wv.org	Monday - Friday 7:30 am - 3:30 pm
Calhoun Multi-purpose Senior Centers or Comprehensive Service Delivery Sites as of October 1, 2021	Days and Hours of Operation
Calhoun County Senior Center P.O. Box 619 / 105 Market Street Grantsville, WV 26147 Rick Poling, Executive Director (304) 354-7017 rpoling@cccoa-wv.org Website: www.ccco-wv.org	Monday - Friday 7:30 am - 3:30 pm
West Fork 121 Milo Road Minora, WV 25268 Contact Person: Martha Park (304) 655-8805 office@cccoa-wv.org	Monday, Tuesday, and Thursday 9:00 am - 2:00 pm

Calhoun County Meal Sites

PROVIDER: Calhoun County Committee on Aging, Inc. / Main Office: Grantsville, WV

County Meal Sites as of October 1, 2021	Home Delivery Yes or No	Days of Week Site is Open	Hours of Operation
Calhoun County Senior Center Mailing Address: P.O. Box 619 Physical Location: 105 Market Street Grantsville, WV 26147 Rick Poling, Executive Director 304-354-7822	Yes	Monday - Friday	7:30 am - 3:30 pm
West Fork Nutrition Site 121 Milo Road Minnora, WV 25268 Martha Park, Site Manager 304-655-8805	No	Monday, Tuesday and Thursday	9 am – 2 pm

Note : Meals are prepared in the Grantsville kitchen for both nutrition sites.

County Home Delivered Meal Routes

PROVIDER: Calhoun County Committee on Aging, Inc. / Main Office: Grantsville, WV

Nutrition Site Location as of October 1, 2021	List Route Names (Mileage from kitchen to furthest Delivery Location)	Time Duration of Route
Calhoun County Senior Center 105 Market Street Grantsville, WV 26147 Rick Poling, Executive Director 304-354-7822	In Town (9 mi) Pleasant Hill (8.5 mi) Russet Route (12 mi) Route 5 (10 mi) Rural Route (34 mi) <i>(Above do not count once per week deliveries)</i>	1 hour 1 hour 1 hour 1 hour 7 hours

Doddridge County



Community Focal Points

Doddridge County Administrative Office as of October 1, 2021	Days and Hours of Operation
Doddridge County Senior Center 417 West Main Street West Union, WV 26456 Marvin Smokey Travis 304-873-2061 DCSOFFICE@gmail.com Website: n/a	Monday - Friday 8 am - 4 pm

Doddridge County Multi-Purpose Senior Centers or Comprehensive Service Delivery Sites as of October 1, 2021	Days and Hours of Operation
Doddridge County Senior Center 417 West Main Street West Union, WV 26456 Kellie Cross, Administrative Assistant 304-873-2061 Kellie@dsscwv.com Website: n/a	Monday - Friday 8 am - 4 pm

Doddridge County Meal Sites

PROVIDER: Doddridge County Senior Center

County Meal Sites as of October 1, 2021	Home Delivery Yes or No	Days of Week Site is Open	Hours of Operation
West Union Nutrition Site - Doddridge Doddridge County Senior Center 403 East Main Street West Union, WV 26456 Site supervisor: Kellie Cross 304-873-2061	Yes	Monday - Friday	8am to 1pm

Gilmer County



Community Focal Points

Gilmer County Administrative Office as of October 1, 2021	Days and Hours of Operation
Gilmer County Senior Center 720 N. Lewis Street Glennville, WV 26351 Sallie Mathess, Executive Director (304) 462-5761 Gilmerseniors@yahoo.com Website: n/a FB Gilmer County Senior Center	Monday - Friday 7:30 am - 4 pm

Gilmer County Multi-Purpose Senior Centers or Comprehensive Service Delivery Sites as of October 1, 2021	Days and Hours of Operation
Gilmer County Senior Center 720 N. Lewis Street Glennville, WV 26351 Sallie Mathess, Executive Director (304) 462-5761 Gilmerseniors@yahoo.com	Monday - Friday 7:30 am - 4 pm

Gilmer County Meal Sites

PROVIDER: Council of Senior Citizens of Gilmer County, Inc.

County Meal Sites as of October 1, 2021	Home Delivery Yes or No	Days of Week Site is Open	Hours of Operation
Gilmer County Senior Center 720 North Lewis Street Glenville, WV 26351 Sallie Mathess, Executive Director 304-462-5761 gilmerseniors@yahoo.com	Yes	Monday - Friday	8 am to 4pm

Note: There are six (6) informal satellites throughout the county. Members meet monthly at their respective Community Buildings:

- Baldwin/ Contact person: Donzella Villers; Meeting : 3rd Thursday of each month at 1 pm
- Ceder Creek / Contact Person: Marguerite Turner. Meeting: 2nd Tuesday of each month at 6 pm
- Connings/ Contact Person: Naomi Hinzman. Meeting: 3rd Friday of each month at 11am
- Cox’s Mill/ Contact Person: Gladys Burton; Meeting: 1st Monday each month at 6pm
- Rosedale/ Contact Person: Wanda Cottrell; Meeting: 3rd Wednesday of each month at Noon
- Tanner/ Contact Person: Ken Townsend; Meeting : 1st Tuesday of each month at 6pm

Gilmer County Home Delivered Meal Routes

PROVIDER: Council of Senior Citizens of Gilmer County, Inc.

Nutrition Site Location as of October 1, 2021	Route Names (Mileage from kitchen to furthest Delivery Location)	Time Duration of Route
Gilmer County Senior Center 720 North Lewis Street Glenville, WV 26351 Sallie Mathess, Executive Director 304-462-5761	<i>Green Route</i> Glenville Area 48 miles	2 hours 10 am – 12pm

<p>Gilmer County Senior Center 720 North Lewis Street Glennville, WV 26351 Sallie Mathess, Executive Director 304-462-5761</p>	<p><u>Pink Route</u> Normantown, Cedar Creek, Cedarville 44 miles</p>	<p>2.25 hours 10 am - 12:15 pm</p>
<p>Gilmer County Senior Center 720 North Lewis Street Glennville, WV 26351 Sallie Mathess, Executive Director 304-462-5761</p>	<p><u>Blue Route</u> Sand Fork, Baldwin, Ellis 45 miles</p>	<p>2 hours 10 am – 12pm</p>
<p>Gilmer County Senior Center 720 North Lewis Street Glennville, WV 26351 Sallie Mathess, Executive Director 304-462-5761</p>	<p><u>Yellow Route</u> Cox's Mills, Tanner, Troy 70 miles</p>	<p>2.5 hours 10 am - 12:30 pm</p>

Hancock County



Community Focal Points

Hancock County Administrative Office as of October 1, 2021	Days and Hours of Operation
Hancock County Senior Center Gas Valley Road New Cumberland, WV 26047 VACANT, Executive Director (304) 564-3801 Website: hancocksrsvs.org FB Hancock Senior Services	Monday - Thursday 7 am - 4 pm Friday 7 am – 1pm

Hancock County Multi-Purpose Senior Centers or Comprehensive Service Delivery Sites as of October 1, 2021	Days and Hours of Operation
Hancock County Senior Center Gas Valley Road New Cumberland, WV 26047 VACANT, Executive Director (304) 564-3801 Website: hancocksrsvs.org	Monday - Thursday 7 am - 4 pm Friday 7 am – 1pm

Note: Brooke County Committee on Aging has the Nutrition Contract for Hancock County

Harrison County



Community Focal Points

Harrison County Administrative Office as of October 1, 2021	Days and Hours of Operation
Harrison County Senior Center West Main Street Clarksburg, WV 26301 Beth Fitzgerald, Executive Director (304) 623-6795 bfitzgeraldhcg@gmail.com Website: www.hcswv.org FB Harrison County Senior Center	Monday - Friday 8 am - 4 pm

Harrison County Multi-Purpose Senior Centers or Comprehensive Service Delivery Sites as of October 1, 2021	Days and Hours of Operation
Harrison County Senior Center 500 West Main Street Clarksburg, WV 26301 Beth Fitzgerald, Executive Director (304) 623-6795 bfitzgeraldhcg@gmail.com Website: www.hcswv.org	Monday - Friday 8 am - 4 pm

Note: Harrison has 13 informal satellites throughout the county. No OAA services are provided at these sites – Bridgeport Satellite — 3rd Monday of each month at 10:30 am

- East View Satellite — 1st Friday of each month at 12:30 pm
- Johnstown Satellite — 2nd Wednesday of each month at 10 am
- Lost Creek Satellite — Each Wednesday at 10am
- Lumberport Satellite — 2nd Friday of each month at 11 am
- Marshville Satellite — 4th Tuesday of each month at 11am
- Mt. Clare Satellite — 3rd Tuesday of each month at 11 am
- Salem Satellite — Each Monday at 9 am
- Sardis Satellite — 1st Thursday of each month at 10:30 am

Shinnston Satellite — Every Friday at 11 am
 Spelter Satellite — 3rd Thursday of each month at Noon
 Wallace Satellite — 2nd Tuesday of each month at 10 am and West Milford/
 Good Hope Satellite — 1st and 3rd Tuesday monthly at 10:30 am

Bi-County Nutrition Program, Inc Administrative Office as of October 1, 2021	Days and Hours of Operation
Bi-County Nutrition Program, Inc 416 ½ Ohio Ave. Nutter Fort, WV 26301 Julie Snider, Executive Director Lynn Baldwin, Bookkeeper (304) 622-4075 bicountyseniors@gmail.com	Monday - Friday 6 am - 2 pm

Harrison County Meal Sites

PROVIDER: Bi-County Nutrition Program, Inc. / Main Office: Nutter Fort,(Harrison County)

County Meal Sites as of October 1, 2021	Home Delivery Yes or No	Days of Week Site is Open	Hours of Operation
Nutter Fort - Harrison County 416 Ohio Avenue Nutter Fort, WV 26301 Pat Davisson, Site Supervisor 304-622-2140 or 304-622-4075	Yes	Monday - Friday	6am to 1pm
Salem Site - Harrison County <u>HD only</u> 220 West Main Street Salem, WV 26426 Rachael Wilt, Site Supervisor 304-782-4269	Yes	Monday - Friday	8am to 1pm

Shinnston Site - Harrison County 815 Pike Street Shinnston, WV 26431 Pam Craig, Site Supervisor 304-592-2605	Yes	Monday - Friday	8am to 12pm
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Note: Salem Site – Meals are cooked at the site for packaging and delivery to the Home Delivered Participants in the Salem area.

Harrison County Home Delivered Meal Routes

PROVIDER: Bi-County Nutrition Program, Inc. / Main Office: Nutter Fort,(Harrison County)___

Nutrition Site Location as of October 1, 2021	List Route Names (Mileage from Nutrition Site to furthest Delivery Location)	Time Duration of Route
Shinnston Site - Harrison County 815 Pike Street Shinnston, WV 26431 Pam Craig, Site Supervisor 304-592-2605	<u>Shinnston Route</u> 50 Miles round trip	3.5 hours
Nutter Fort Nutrition Site - Harrison 416 Ohio Avenue Nutter Fort, WV 26301 Pat Davisson, Site Supervisor 304-622-2140	<u>Clarksburg Route</u> Bridgeport – 27 Clarksburg/Nutter Fort – 30 Stonewood – 28 Lost Creek – 80 High Rise Route – 12 North View Route - 35	3 - 5 hours
Salem Nutrition Site - Harrison County 220 West Main Street Salem, WV 26426 Rachael Gain, Site Supervisor 304-782-4269	<u>Salem Route</u> 67 miles round trip	3 hours

Marion County



Community Focal Points

Marion County Administrative Office as of October 1, 2021	Days and Hours of Operation
<p>Marion County Senior Center Complex 105 Maplewood Drive Fairmont, WV 26554 Debbie Harvey, Executive Director (304) 366-8779 debbie@marionseniors.org Website: www.marionseniors.org</p>	<p>Monday - Friday 8 am - 4 pm</p>

Marion County Multi-Purpose Senior Centers or Comprehensive Service Delivery Sites as of October 1, 2021	Days and Hours of Operation
<p>Marion County Senior Center Complex 105 Maplewood Drive Fairmont, WV 26554 Debbie Harvey, Executive Director (304) 366-8779 debbie@marionseniors.org Tom Bowman, Nutrition Coordinator Website: www.marionseniors.org</p>	<p>Monday - Friday 8 am - 4 pm</p>
<p>Marion County Senior Citizens North Mannington Senior Center 1 Senior Center Drive Mannington, WV 26582 Diana Hayes, Contact Person (304) 986-1792</p>	<p>M , Tuesday, & - Friday 9:00 am - 1:30 pm Thursday 9 am - 5 pm</p>

Marion County Senior Citizens Fairview Senior Center 404 Main Street Fairview, WV 26570 Doris Marcer, Contact Person (304) 449-2235	Monday 9 am - 2:30 pm T, Thursday & Friday 9 am - 2 pm
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Marion County Meal Sites

PROVIDER: Marion County Senior Citizens, Inc. / Main Office: Fairmont, WV

COUNTY: Marion

County Meal Sites as of October 1, 2021	Home Delivery Yes or No	Days of Week Site is Open	Hours of Operation
Marion County Senior Center Complex 105 Maplewood Drive Fairmont, WV 26554 Tom Bowman, Nutrition Coordinator 304-366-8779	Yes	Monday - Friday	8 am - 4 pm
North Marion Senior Center 1 Senior Drive Mannington, WV 26582 Diana Hayes, Contact Person 304-986-1792	No	Monday, Tuesday, Thursday, Friday	9am - 1:30pm
Fairview Senior Center 404 Main Street Fairview, WV 26570 Sarah Nolan, Contact Person 304-449-2235	No	Monday, Tuesday, Thursday, Friday	8:30am - 1:30pm

Note: Marion subcontracts with John Manchin Senior Health Care (Fairmont) for meals.

Marion County Home Delivered Meal Routes

PROVIDER: Marion County Senior Citizens, Inc. / Main Office: Fairmont, WV

Nutrition Site Location as of October 1, 2021	Route Names	Time Duration of Route
Marion County Senior Center Complex 105 Maplewood Drive Fairmont, WV 26554 Tom Bowman, Site Supervisor 304-366-8779	Rivesville --15.4 mi. East Side – 10.4 mi. Downtown – 13.8 miles	5.5 hrs. 4.5 hrs. 5 hrs.

Marshall County



Community Focal Points

Marshall County Administrative Office of October 1, 2021	Days and Hours of Operation
Marshall County Senior Center 805 5 th Street, Moundsville, WV 26041 Joyce Howard, Director (304) 845- 8200 jhoward@swave.net Website: www.mcseiorcenter.com FB Marshall County Senior Center	Monday - Friday 8 am - 4 pm
Marshall County Multi-Purpose Senior Centers or Comprehensive Service Delivery Sites as of October 1, 2021	Days and Hours of Operation

Marshall County Senior Center 805 5 th Street, Moundsville, WV 26041 Joyce Howard, Director (304) 845 – 8200 jhoward@swave.net Website: www.mcseiorcenter.com	Monday - Friday 8 am - 4 pm
Cameron Senior Center 15 Main Street Cameron, WV 26033 (304) 686 - 2119 Contact Person: Joyce Howard jhoward@swave.net	Monday - Friday 8 am - 4 pm

Note: There are six (6) informal satellites throughout the county.

- Moundsville Satellite / Contact person: Judy Johnson; Meeting : 4th Thursday of each month
- Cameron Satellite / Contact Person: Shirley Allen; Meeting: 4th Friday of each month Dallas-Sand
- Hill Satellite / Contact Person: Donna McLaughlin; Meeting: 1st Friday of each month
- Limestone Satellite / Contact Person: Meeting: 1st Thursday of each month
- Mt. Olivet-Sherrard Satellite / Contact Person: Jerry Berisford Meeting: 3rd Tuesday of each month
- Washington Lands Satellite / Contact Person: Meeting: 3rd Thursday of each mont

Monongalia County



Community Focal Points

Monongalia County Administrative Office as of Oct. 1, 2021	Days and Hours of Operation
The Senior Monongalians, Inc. 5000 Greenbag Road (mailing : P.O. Box 653) Morgantown, WV 26507-0653 Lisa Martin, Executive Director (304) 296-9812 lmartin@seniormons.org Website: www.seniormons.org FB Senior Monongalians	Monday - Friday 8:00 am - 4 pm

Monongalia County Multi-Purpose Senior Centers or Comprehensive Service Delivery Sites as of October 1, 2021	Days and Hours of Operation
<p>The Senior Monongalians, Inc. 5000 Greenbag Road (mailing : P.O. Box 653) Morgantown, WV 26507-0653 Lisa Martin, Executive Director lmartin@seniormons.org Website: www.seniormons.org FB: Senior Monongalians</p>	<p>Monday - Friday 7:30 am - 4 pm</p>

Monongalia informal satellites

Note: There are several “senior centers” not legally part of Senior Monongalians nor do they receive OAA funding:

- Core Community Center / 98 Peddler Run Road Core, WV 26529
 Mary Ann Tennant, contact person | 304-879-5656 | Note: Closed
- Smithtown Senior Center | 583 Tom’s Run Road, Morgantown, WV 26508
 (304) 292- 5911 | Contact Person: Olive Kerns | seniors meet 4th Monday at 6pm
- Triune Halleck Senior Center | 3417 Halleck Road, Morgantown, WV 26508 (304)
 291- 0370 | Contact Persons: Carolyn Matthew | Seniors meet 3rd Monday at 6pm
- Westover Senior Center / 25 Milan Street, Morgantown, WV 26501
 (304) 296 - 7206 Contact Person: Betty Light
- Morgantown Unity Manor / 400 Willey Street, Morgantown WV 26505 / (304)296-5959/
 Contact person: David Walker / Meals: Mon-Fri 11:30 – 12:30 pm
- BOPARC Adult Recreation for Seniors / 287 Eureka Drive, Morgantown, WV 26505
 (304) 296 - 7002 / Contact Person: Letha Devine, Director / Mon-Fri 8-4pm

West Virginia Senior Legal Aid (WVSLA)

235 High Street Rm 519

Morgantown WV 26505

Cathy McConnell, Esq.

Executive Director

Office: (304) 296-0082

Fax: (304) 470-4149

www.seniorlegalaid.org

seniorlegalaid@yahoo.com

Monongalia County Meal Sites

PROVIDER: The Senior Monongalians, Inc. / Main Office: Morgantown, WV

County Meal Sites as of October 1, 2021	Home Delivery Yes or No	Days of Week Site is Open	Hours of Operation
The Senior Monongalians, Inc. 5000 Greenbag Road Morgantown, WV 26507-0653 Patrick Harvey, Site Manager 304-296-9812	Yes	Monday - Friday	11:30 am to 12:30 pm lunch served
Core Community Center 98 Peddler Run Road Core, WV 26529 Lavonia Miller, Site Supervisor 304-879-5656	No	Tuesday	11:30 – 12:30am
Morgantown Unity Manor 400 Wiley Street Morgantown, WV 26505 David Walker, Site Supervisor 304-816-0669	No	Monday – Friday	11:30 - 12:30 (Currently closed)

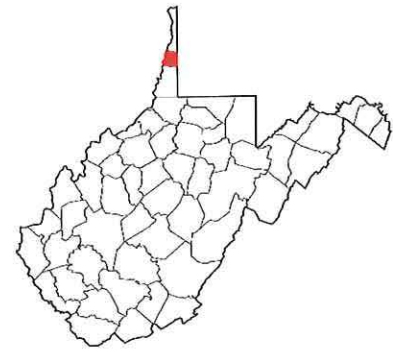
Note : Meals for all sites are prepared in the Senior Monongalians kitchen at Greenbag Road.

Monongalia County Home Delivered Meal Routes

PROVIDER: The Senior Monongalians, Inc. / Main Office: Morgantown, WV

Nutrition Site Location as of October 1, 2021	List Route Names (Mileage from kitchen to furthest Delivery Location)	Time Duration of Route
The Senior Monongalians, Inc. 5000 Greenbag Road Morgantown, WV 26507-0653 Rod Maddox, Nutrition Site Manager 304-296-9812	<u>Arnettville Route</u> 84 Miles round trip	4.5 hours
The Senior Monongalians, Inc. 5000 Greenbag Road Morgantown, WV 26507-0653 Rod Maddox, Nutrition Site Manager 304-296-9812	<u>Unity Manor</u> 10 miles round trip	2 hours
The Senior Monongalians, Inc. 5000 Greenbag Road Morgantown, WV 26507-0653 Rod Maddox, Nutrition Site Manager 304-296-9812	<u>Suncrest/Unity Manor Route</u> 42 Miles round trip	4.5 hours
The Senior Monongalians, Inc. 5000 Greenbag Road Morgantown, WV 26507-0653 Rod Maddox, Nutrition Site Manager 304-296-9812	<u>Cheat Lake Route</u> 36 Miles round trip	4 hours

Ohio County



Community Focal Points

Ohio County Administrative Office as of October 1, 2021	Days and Hours of Operation
Family Service - Upper Ohio Valley 2200 Main Street, 1 st Floor Wheeling, WV 26003 Paula Calvert, CEO (304) 233-2350 Pcalvert@fsuov.com Website: www.fsuov.com FB Family Service-Upper Ohio Valley	Monday - Friday 8 am - 4 pm

Ohio County Multi-Purpose Senior Centers or Comprehensive Service Delivery Sites as of October 1, 2021	Days and Hours of Operation
Family Service - Upper Ohio Valley 2200 Main Street, 1 st Floor Wheeling, WV 26003 Paula Calvert, CEO (304) 233-2350 Pcalvert@fsuov.com Website: www.fsuov.com	Monday - Friday 8 am - 4 pm

Ohio / Marshall County Meal Sites

PROVIDER: Family Service - Upper Ohio Valley, Inc./ Main Office: Wheeling (Ohio County)

COUNTY: Ohio and Marshall

County Meal Sites as of October 1, 2021	Home Delivery Yes or No	Days of Week Site is Open	Hours of Operation
Family Service - Upper Ohio Valley 2200 Main Street - 1 st Floor Wheeling, WV 26003 Andy Wesolowski, Nutrition Director 304-233-2350	Yes	Monday - Friday	11:30 am to 12:30 pm
McMechen/Marwood Apartments - Marshall 2106 Marshall St. McMechen, WV 26040 Scherry Hornak, Site Manager 304-232-8135	Yes	Monday - Friday	11:30 am to 12:30 pm

Ohio County Home Delivered Meal Routes

PROVIDER: Family Service - Upper Ohio Valley, Inc./ Main Office: Wheeling, WV (Ohio County)

COUNTY: Ohio and Marshall

Nutrition Site Location as of October 1, 2021	List Route Names (Mileage from kitchen to furthest Delivery Location)	Time Duration of Route
Family Service - Upper Ohio Valley 2200 Main Street, 1 st Floor Wheeling, WV 26003 Andy Wesolowski, Food Services Director 304-232- 6730	<u>N. Wheeling Route</u> North Wheeling Wheeling Island and Warwood 16 miles	1.5 hours

<p>Family Service - Upper Ohio Valley 2200 Main Street, 1st Floor Wheeling, WV 26003 Andy Wesolowski, Food Services Director 304-232- 6730</p>	<p><u>Downtown Route</u> Downtown, East Wheeling, Montani, Riverview, Booker T, and Providence Green 11 miles</p>	<p>1.5 hours</p>
<p>Family Service - Upper Ohio Valley</p>	<p>Marshall County Route (36 miles) McMechen & Moundsville</p>	<p>2 hours</p>
<p>Family Service - Upper Ohio Valley</p>	<p>Highrises on National Road and Clator 11 Miles</p>	<p>1.25 hours</p>
<p>Family Service - Upper Ohio Valley</p>	<p>Woodsdale, Fulton, Petropolis Towers 16 Miles</p>	<p>1 hour</p>
<p>Family Service - Upper Ohio Valley</p>	<p>Grove/South Elm Grove, Mozart, and South Wheeling 27 Miles</p>	<p>1.5 hours</p>
<p>Family Service - Upper Ohio Valley</p>	<p>Marshall City Benwood and Glendale 31 Miles</p>	<p>1 hour</p>

Pleasants County



Community Focal Points

Pleasants County Administrative Office as of October 1, 2021	Days and Hours of Operation
Pleasants County Senior Center (Title III B and E) 209 Second Street St. Marys, WV 26170 Jessi Rupert, Executive Director (304) 684-9243 pcscjr@frontiernet.net Website: n/a	Monday-Friday 8:00 am - 4:00 pm

Pleasants County Administrative Office as of October 1, 2021	Days and Hours of Operation
Pleasants Senior Nutrition, Inc. (Title III C) 2 nd & George Street P.O. Box 576 St. Marys, WV 26170 (304) 684-9319 David Hoyt, Director Pcseniornutrition@suddenlinkmail.com Website: n/a	Monday-Friday 9:00 am – 2:00 pm <i>lunch is served at 11:30 am</i>

Note: The NGAs for Titles III B, D and E along with the FAIR and LIGHTHOUSE Programs are held by the Pleasants County Commission.

The Title III-C Contract is held by the Board of Directors for Pleasants Senior Nutrition, Inc.

Pleasants County Meal Sites

PROVIDER: Pleasants Senior Nutrition, Inc. / Main Office: St. Marys

County Meal Sites as of October 1, 2021	Home Delivery Yes or No	Days of Week Site is Open	Hours of Operation
Pleasants Senior Nutrition, Inc. 2 nd & George Street P.O. Box 576 St. Marys, WV 26170 304-684-9319 David Hoyt, Director	Yes	Monday - Friday	9 am - 2 pm

Pleasants County Home Delivered Meal Routes

PROVIDER: Pleasants Senior Nutrition, Inc. / Main Office: St. Marys

Nutrition Site Location as of October 1, 2021	List Route Names (Mileage from kitchen to furthest Delivery Location)	Time Duration of Route
Pleasants Senior Nutrition, Inc. 2 nd & George Street St. Marys, WV 26170 304-684-9319 Melissa West, Site Supervisor	Belmont Route 23 Miles	10am – 12:30pm 2.5 hours
Pleasants Senior Nutrition, Inc. 2 nd & George Street St. Marys, WV 26170 304-684-9319 Melissa West, Site Supervisor	St. Mary's Route 18 Miles	10am – 12:30pm 2.5 hours

Ritchie County



Community Focal Points

Ritchie County Administrative Office as of October 1, 2021	Days and Hours of Operation
Ritchie County Senior Center 543 S. Court St. PO Box 195 Harrisville, WV 26362 Cindy Summers, Executive Director (304) 643-4941 csummers@zoominternet.net Website: n/a	Monday - Friday 8 am - 4 pm

Ritchie County Multi-purpose Senior Centers or Comprehensive Service Delivery Sites as of October 1, 2021	Days and Hours of Operation
Ritchie County Senior Center 521 S. Court St. – PO Box 195 Harrisville, WV 26362 (304) 643-4941 Cindy Summers, Executive Director Website: n/a	Monday - Friday 8 am - 4 pm
Pennsboro Nutrition Site Senior Center 408 Main Street Pennsboro, WV 26415 Ruby Lanham, Nutrition Coordinator (304) 643-4941	Monday - Friday 8 am – 12:30 pm

Note: There is a Senior Center in Cario, WV. No OAA services are done there.

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Ritchie County Meal Sites

PROVIDER: Ritchie County Integrated Family Services, Inc. / Main Office: Harrisville,

County Meal Sites as of October 1, 2021	Home Delivery Yes or No	Days of Week Site is Open	Hours of Operation
Ritchie County Senior Center 521 S. Court St. Harrisville, WV 26362 Rhea Baker, Cook/Site Supervisor 304-643-4941	Yes	Monday - Friday	8 am to 1 pm
Pennsboro Senior Center 408 Main Street Pennsboro, WV 26415 Ruby Lanham, Cook/Site Supervisor 304-643-4941	Yes	Monday - Friday	8 am to 12:30 pm

Note: Meals are cooked at both Senior Centers.

Ritchie County Home Delivered Meal Routes

PROVIDER: Ritchie County Integrated Family Services, Inc. / Main Office: Harrisville,

Nutrition Site Location as of October 1, 2021	List Route Names (Mileage from kitchen to furthest Delivery Location)	Time Duration of Route
Ritchie County Senior Center Corner S. Court St. & Edgeview Lane Harrisville, WV 26362 Esther Spears, Nutrition Coordinator 304-643-4941	<u>Harrisville Route</u> Harrisville, Cario, Glendale, Ellenboro, 73 miles	3.75 hours 10:45am - 2 pm
Pennsboro Senior Center 408 Main Street Pennsboro, WV 26415 Missy Ayers, Site Supervisor 304-659-2430	<u>Pennsboro Route</u> Pennsboro, Tollgate, Pullman 13 miles	1 hour 11am – 12pm

Note: Meals are cooked at both Senior Centers.

Tyler County



Community Focal Points

Tyler County Administrative Office as of October 1, 2021	Days and Hours of Operation
<p>Tyler County Senior Center P.O. Box 68 - 504 Cherry Street Middlebourne, WV 26149 Amy Haught, Executive Director (304) 758-4919 amy@cstcwv.org Website: n/a</p>	<p>Monday - Friday 8 am - 4 pm</p>

Tyler County Multi-purpose Senior Centers or Comprehensive Service Delivery Sites as of October 1, 2021	Days and Hours of Operation
<p>Tyler County Senior Center P.O. Box 68 - 504 Cherry Street Middlebourne, WV 26149 Amy Haught, Executive Director (304) 758-4919 amy@cstcwv.org Website: n/a</p> <p>Riverfront Senior Center 421 Chelsea St. Sistersville, WV 26175 Vivian Rial, Site Supervisor (304) 652-3364</p>	<p>Monday - Friday 8 am - 2 pm</p> <p>Monday – Friday 8am – 2pm</p>

Note: The River Front Senior Center is operated by its own Board of Directors.

Tyler County rents space to provide the Nutrition Site.

There are two groups of seniors who meet monthly - Alma Senior Citizens and Alvy Senior Citizens.

Tyler County Meal Sites

PROVIDER: Council of Senior Tyler Countians, Inc. / Main Office: Middlebourne,

County Meal Sites as of October 1, 2021	Home Delivery Yes or No	Days of Week Site is Open	Hours of Operation
Tyler County Senior Center Mailing Address: P.O. Box 68 Physical Location: 504 Cherry Street Middlebourne, WV 26149 Amy Haught, Executive Director (304) 758-4919	Yes	Monday - Friday	8 am to 4 pm
Riverfront Senior Center 721 Chelsea Street Sistersville, WV 26175 Vivian Rial, Site Supervisor 304-652-3364	No	Monday - Friday	8 am to 2 pm

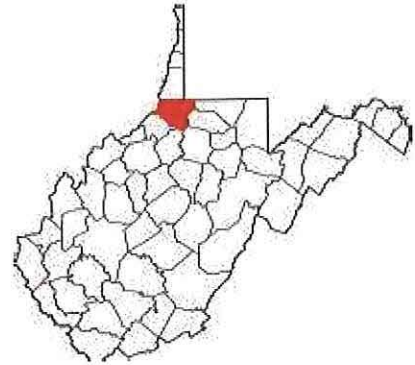
Note : All meals are prepared at the Tyler County Senior Center Middlebourne kitchen.

Tyler County Home Delivered Meal Routes

PROVIDER: Council of Senior Tyler Countians, Inc. / Main Office: Middlebourne,

Nutrition Site Location as of October 1, 2021	List Route Names (Mileage from kitchen to furthest Delivery Location)	Time Duration of Route
Tyler County Senior Center 504 Cherry Street Middlebourne, WV 26149 Amy Haught, Executive Director (304) 758-4919	Middlebourne Sistersville Paden City Friendly Alma Tyler City Round Trip: 72 Miles	5 hours

Wetzel County



Community Focal Points

Wetzel County Administrative Office as of October 1, 2021	Days and hours of Operation
Wetzel County Senior Center 145 Paducah Drive New Martinsville, WV 26155 Mary R. Ash, Executive Director (304) 455-3220 Wetzelccoasuddenlinkmail.com Website: n/a FB: Wetzel County Committee on Aging	Monday - Friday 8 am - 4 pm

Wetzel County Multi-purpose Senior Centers or Comprehensive Service Delivery Sites as of October 1, 2021	Days and Hours of Operation
Wetzel County Senior Center 145 Paducah Drive New Martinsville, WV 26155 Mary Ash, Executive Director (304) 455-3220 Wetzelccoasuddenlinkmail.com Website: n/a	Monday - Friday 8 am - 4 pm
Hundred Senior Center HC 61 Pennsylvania Ave. Hundred, WV 26581 VACANT, Site Manager 304-775-5344	Monday - Thursday 9 am - 1 pm
Pine Grove Senior Center/ Robert C. Byrd Center P.O. Box 601 Pine Grove, WV 26419 Janet Nolan, Site Manager 304-889-3333	Monday - Friday 8 am - Noon

Note: there is a "Senior Group" at each OAA Focal Points which meet monthly.

Wetzel County Meal Sites

PROVIDER: TBD (to be determined) Northwestern AAA operating under emergency circumstances

Wetzel County Home Delivered Meal Routes

PROVIDER: TBD (to be determined) ; Northwestern Area Agency on Aging operating under Special Circumstances

Note: Bel-O-Mar / NWAAA contracts with Mom's Meals to deliver meals directly to the home of the Clients via Fed Ex.

Company providing meals:

Mom's Meals

3210 SE Corporate Woods Drive

Ankey, Iowa 50021

www.momsmeals.com

Wirt County



Community Focal Points

Wirt County Administrative Office of October 1, 2021	Days and hours of Operation
Wirt County Senior Center P.O. Box 370 - Washington Street Elizabeth, WV 26143 Billie Ashley, Executive Director (304) 278-3158 bashley@wccoafs.org Website: n/a	Monday - Friday 7:30 am - 4 pm

Wirt County Multi-Purpose Senior Centers or Comprehensive Service Delivery Sites as of October 1, 2021	Days and Hours of Operation
Wirt County Senior Center P.O. Box 370 - Washington Street Elizabeth, WV 26143 Billie Ashley, Executive Director (304) 278-3158 bashley@wccoafs.org Website: n/a	Monday - Friday 8 am - 4 pm

Wirt County Meal Sites

PROVIDER: Wirt County Committee on Aging & Family Services, Inc.

County Meal Sites as of October 1, 2021	Home Delivery Yes or No	Days of Week Site is Open	Hours of Operation
Wirt County Senior Center Mailing Address: P.O. Box 370 Physical Location: 74 Senior Circle Elizabeth, WV 26143 Billie Ashley, Site Supervisor (304)275-3158	Yes	Monday - Friday	7:30 am to 4 pm

Wirt County Home Delivered Meal Routes

PROVIDER: Wirt County Committee on Aging & Family Services, Inc.

Nutrition Site Location as of October 1, 2021	List Route Names (Mileage from kitchen to furthest Delivery Location)	Time Duration of Route
Wirt County Senior Center 74 Senior Circle Elizabeth, WV 26143 Billie Ashley, Site Supervisor 304-275-3158	Elizabeth, RT 14 to Camp Barb, Palestine, Rt 5 to Rt 53 to Rt 2 to Monday Road, Pine Twist, and Newark. Furthest Delivery 15 Total Miles 85	4.5 hrs.

Wood County



Community Focal Points

Wood County Administrative Office as of October 1, 2021	Days and Hours of Operation
Wood County Senior Center 914 Market Street, Suite 106 Parkersburg, WV 26101 Kelly Goedel, Executive Director (304) 485-6748 kgoedel@wcscwv.org Website: www.wcscwv.org FB Wood County Senior Citizens Assoc.	Monday - Friday 8 am - 4 pm

Wood County Multi-purpose Senior Centers or Comprehensive Service Delivery Sites as of October 1, 2021	Days and Hours of Operation
Wood County Senior Center 914 Market Street, Suite 106 Parkersburg, WV 26101 Kelly Goedel, Executive Director (304) 485-6748 kgoedel@wcscwv.org Website: www.wcscwv.org	Monday - Friday 8 am - 4 pm
The Center on Green Street 524 Green Street Parkersburg, WV 26101 Kelly Goedel, Executive Director (304) 917-3861 kgoedel@wcscwv.org Tiffany Wilson, Nutrition Lead Website: www.wcscwv.org	Monday - Friday 8 am - 3 pm

Williamstown Senior Center 510 Columbia Ave, Williamstown WV 26187 Kelly Goedel, Executive Director (304) 485-6748 kgoedel@wcscwv.org Tiffany Wilson, Nutrition Lead	Monday – Friday 11:30 am – 12:30 am Activities: Variable Schedule
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Wood County Meal Sites

PROVIDER: Wood County Senior Citizens Association, Inc./ Main Office: Parkersburg, WV

County Meal Sites as of October 1, 2021	Home Delivery Yes or No	Days of Week Site is Open	Hours of Operation
The Center on Green Street 524 Green Street Parkersburg, WV 26101 Tiffany Wilson, Nutrition Lead Rsnyder@wcsca.org (304) 917-3861	Yes	Monday - Friday	8 am - 4 pm
Williamstown Senior Center Congregate Meal/Grab-N-Go 510 Columbia Ave Williamstown, WV 26187 Tiffany Wilson, Nutrition Lead Staff (304) 917-3861	No	Monday – Friday	11:30am – 12:30pm
Unity Congregate Meal Site TBD 2022 Post-Covid Unity Plaza 2600 Unity Place, Bldg 2 Parkersburg, WV 26101 Kelly Goedel, Executive Director (304) 485-6748		TBD	TBD

Note: The Senior Center in Vienna is funded and operated by the City of Vienna. OAA activities are not conducted at this location

Wood County Home Delivered Meal Routes

PROVIDER: Wood County Senior Citizens Association, Inc./ Main Office: Parkersburg

Nutrition Site Location as of October 1, 2021	List Route Names (Mileage from kitchen to furthest Delivery Location)	Time Duration of Route
Wood County Senior Center 914 Market Street, Suite 106 Parkersburg, WV 26101 Rhona Synder, Nutrition Director Rsnyder@wcsca.org (304) 485-6748	Route: 1 – 6.68 Miles 2 – 33.56 Miles 3 – 15.84 4 – 19.22 5 – 80.41 6 – 21.13 7 – 43.67 8 – 56.97 Market Manor/Parkland - 5 Hillview - 10 Unity - 6	Hours: 1.5 3 4 1.5 6 3 2 4 1 1.5 1.5

Region 1 Program Service Projections
Program Service Projections FY23
Title III B/C: Supportive and Nutrition Services

Cluster 1

Service Activity	60+ Served	Total Units
Adult Day Care (\$8.00 per hour)	8	1,400
Home-Delivered Meals (\$7.50 per meal)	2,642	428,483
Homemaker (\$13 per hour)	98	4,205
Chore (\$13 per hour)	12	180
Personal Care (\$16 per hour)	0	0
Home-Delivered Pick-Up Meals (\$7.00 per meal)	76	4,965
Home-Delivered Non-Emergency Frozen/Shelf Stable/Pre-prepared Meals (\$5.50 per meal)	1,543	43,664
Grab & Go Prepared Meals (\$7.50 per meal)	667	17,460
Grab & Go Frozen/Shelf Stable Meals (\$5.50 per meal)	17	935

Cluster 2

Service Activity	60+ Served	Total Units
Assisted Transportation (1-way trip)	309	7,134
Congregate Meals (\$7.00 per meal)	1,211	61,180
Congregate Temporary Pick-Up Meals (\$7.00/meal)	10	550
Congregate Non-Emergency Frozen/Shelf Stable/Pre-Prepared (\$5.50 per meal)	2	10

Cluster 3

Service Activity	60+ Served	Total Units
Information & Assistance (1 contact)	931	4,926
Outreach (1 contact)	679	934
Transportation (1-way trip)	775	29,815
Nutrition Education (1 session)	504	54

Other: Titles III-B & C: Supportive & Nutrition Services

Service Activity	60+ Served	Total Units
Group Meals (\$7.00 per meal)	G-6	975
Group Client Support*	G-6	5,936
Individual Client Support**	1,115	3,568

*Instruction & Training, Material Aid

**Counseling, Discount, Letter Writing/Reading, Prescription Aid, Telephoning, Visiting, Medication Management

Title III-D: Evidence Based Programs

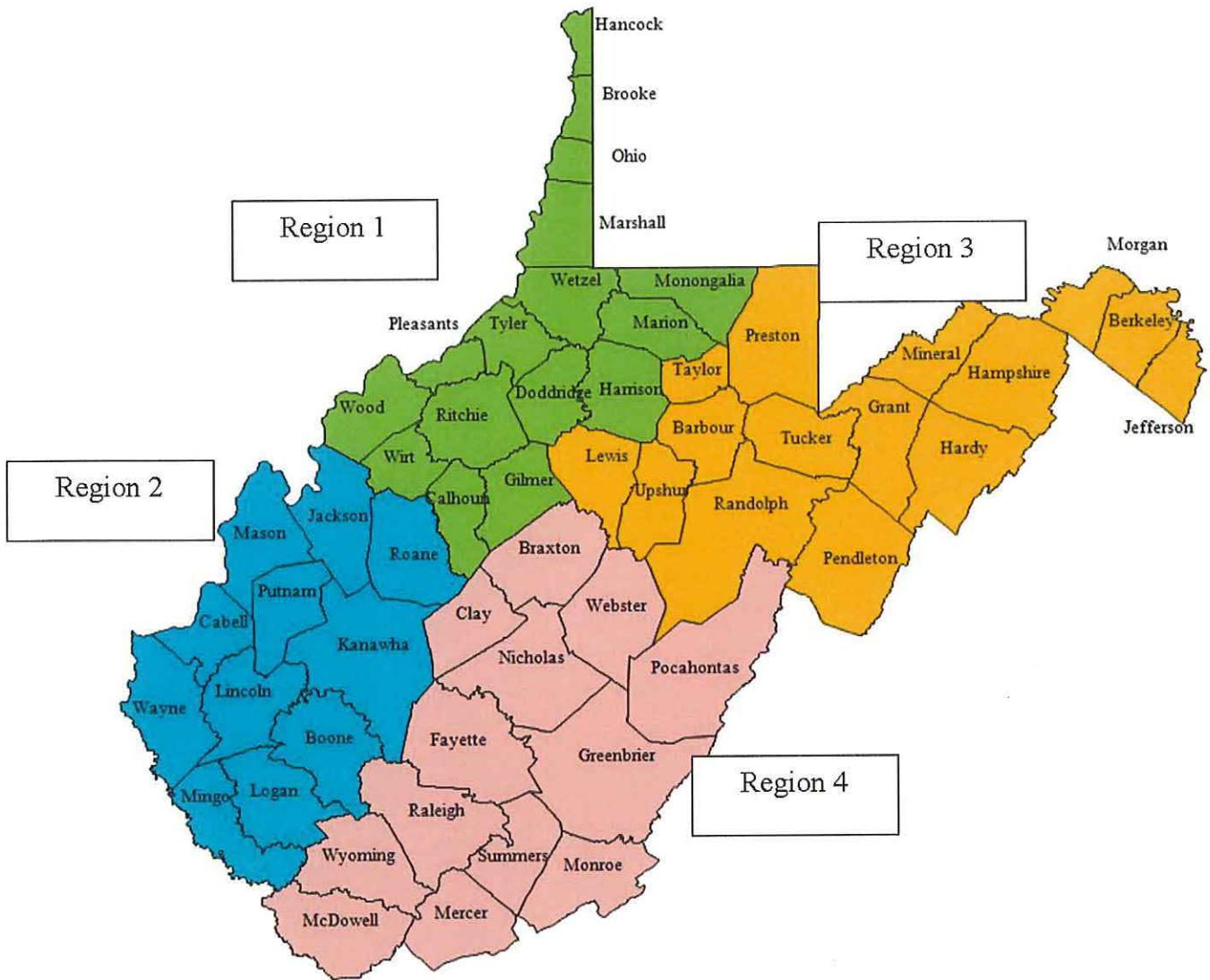
Service Activity	60+ Served	Total Units
Chronic Disease Self-Management		
Dining with Diabetes	15	300
A Matter of Balance		
Healthy Steps in Motion		
Tai Ji Quan: Moving for Better Balance		
Tai Chi for Arthritis	50	1,320
Tai Chi for Diabetes		
Tai Chi for Osteoporosis		
Walk with Ease	10	50
Stepping On		
Bingocize	40	750
Other Approved:		

Title III-E Family Caregiver Services

Service Activity	60+ Served	Total Units
Caregiver Information & Access Assistance	110	250
Caregiver Support Groups	180	306
Caregiver Training (Not Agency Staff)	152	152
Caregiver In-Home Respite (\$14.00 per hour)	78	18,749
Caregiver Congregate Respite (\$8.00 per hour)	2	100

FY 2023 Region 1 Service Projections

	Bl-County	Brooke	Callhoun	Doddridge	Gilmer	Hancock	Harrison	Marion	Marshall	Monongalia	Ohio	Pleasants B	Pleasants C	Ritchie	Tyler	Wetzel	Wirt	Wood	
Titles III - B/C: Supportive & Nutrition Services																			
Cluster 1																			
Service Activity	60+ Served	Total Units	60+ Served	Total Units	60+ Served	Total Units	60+ Served	Total Units	60+ Served	Total Units	60+ Served	Total Units	60+ Served	Total Units	60+ Served	Total Units	60+ Served	Total Units	60+ Served
Adult Day Care (\$8 per hour)																			
Home-Delivered Meals (\$7.50 per meal)	444	115,399	400	58,500	120	14,544	80	7,767	200	18,000									
Homemaker (\$13 per hour)				14	400	20	835				20	1,200	10	300					
Chore (\$13 per hour)				12	180														
Personal Care (\$16 per hour)																			
Home-Delivered Pick-Up Meals (\$7.00 per meal)	6	1,700		12	700						5	15							
C2 Non-Emergency-Frozen/ Shelf stable/Pre-prepared (\$5.50 per meal)	12	3,400	370	5,100	120	3,244	25	5,520	150	4,300									
Grab & Go Prepared Meals (\$7.50 per meal)	3	780	375	12,500	14	1,560													
Grab & Go Frozen/Shelf Stable Meals (\$5.50 per meal)	3	795		14	140														
Cluster 2																			
Assisted Transportation (1 way trip)			75	624	6	160													
Congregate Meal (\$ 5.25 per meal)	1	75	25	1,900	80	7,488	55	4,035	260	7,500									
Congregate Temporary Pick-Up Meals (\$5.25/ meal)				10	550														
C1 Non Emergency - Frozen/ Shelf stable/ Pre-prepared (\$3.75/ meal)			2	10															
Cluster 3																			
Information & Assistance (contacts)				10	10			500	3,000	100	1,350								
Outreach (contacts)				120	120			125	140	60	300								
Transportation (1 way trip)			20	72	25	1,440		65	1,200	30	1,100	200	7,500	150	3,000	103	6,568	10	824
Nutrition Education (1 session)	478	478		25	25														
Other: Titles III - B/C: Supportive & Nutrition Services																			
Group Meals (meals)			G-6	180															
Group Client Support (hours)*				G6	1,920														
Individual Client Support (hours)**				80	240			300	2,500										
Title III-D Evidenced Based Programs																			
Chronic Disease Self Management (hours)																			
Dining with Diabetes (hours)																			
A Matter of Balance (hours)																			
Healthy Steps for Older Adults (hours)																			
Ta Ji Quan: Moving for Better Balance (hours)																			
Tai Chi for Arthritis (hours)								10	20	10	100	30	1,200						
Tai Chi for Diabetes (hours)																			
Tai Chi for Osteoporosis (hours)																			
Walk with Ease (hours)														10	50				
Stepping On (hours)																			
Bingocize																			
Title III-E: Family Caregiver Services																			
Caregiver Information & Assistance (contact)								35	125	75	125								
Caregiver Counseling/ Support Group (hours)																			
Caregiver Training (hours) <i>Not Agency Staff</i>																			
In Home Respite (\$14 per hour)			1	720	10	852	2	600	2	729				8	2,632	5	3,600	12	2,680
Congregate Respite (\$8 per hour)																			



V. Financial Attachments (Required)

Regional Title III Allocations

Regional Nutrition Allocation/Title III Summary

Regional State Funds Summary

Unobligated Funds

Title III Compilation

Transfers

Prior Approval

Area Agency Budget

Region One: Northwestern Area Agency on Aging
FY 2023

	Title III-B				Title III-D				Title III-E				TOTAL
	Federal	State	Local Match	Program Income	Federal	State	Local Match	Program Income	Federal	State	Local Match	Program Income	
1. Providers:													
Bi-County													\$0
Brooke	\$18,868	\$14,832	\$3,328	\$6,500					\$9,541		\$3,180	\$1,100	\$57,349
Calhoun	\$17,699	\$13,912	\$3,122	\$1,200					\$8,950		\$2,983		\$47,866
Doddridge	\$16,622	\$13,066	\$2,932	\$200					\$8,405		\$2,802		\$44,027
Gilmer	\$15,134	\$11,611	\$2,669	\$3,800	\$1,617	\$285	\$285		\$7,653		\$2,551		\$45,605
Hancock	\$37,260	\$29,289	\$6,571	\$0	\$3,227		\$569		\$18,842		\$6,281		\$102,039
Harrison	\$65,062	\$51,144	\$11,475	\$4,500	\$8,436		\$1,488		\$32,900		\$10,967		\$185,972
Marion	\$53,554	\$42,097	\$9,445	\$5,039					\$27,081		\$9,027	\$740	\$146,983
Marshall	\$32,150	\$25,272	\$5,670	\$750					\$16,258		\$5,086		\$85,186
Monongalia	\$56,397	\$44,332	\$9,947	\$0	\$5,944		\$1,048		\$28,519		\$9,506	\$500	\$156,193
Ohio	\$45,108	\$35,458	\$7,956	\$11,960	\$6,551		\$1,155		\$22,810		\$7,603	\$50	\$138,651
Pleasants B	\$14,990	\$11,783	\$2,644	\$100					\$7,580		\$2,527		\$39,624
Ritchie	\$21,053	\$16,549	\$3,713	\$1,500					\$10,646		\$3,549	\$613	\$57,623
Tyler	\$16,550	\$13,010	\$2,919	\$4,500	\$1,517		\$268	\$50	\$8,369		\$2,790	\$288	\$50,261
Wetzel	\$26,083	\$20,503	\$4,600	\$12,400	\$2,120		\$374		\$13,190		\$4,397	\$1,200	\$84,867
Wirt	\$15,948	\$12,536	\$2,813	\$0					\$8,064		\$2,688	\$2,688	\$44,737
Wood	\$80,678	\$63,418	\$28,458	\$7,200	\$8,921		\$1,573	\$400	\$40,797		\$13,599	\$3,927	\$248,971
WVSLA	\$18,750												\$18,750
Total	\$551,906	\$418,812	\$108,262	\$59,649	\$38,333	\$285	\$6,760	\$450	\$269,605	\$0	\$89,536	\$11,106	\$1,554,704
2. AAA Admin:	\$51,200	\$104,392	\$4,672		\$0	\$0	\$0	\$0	\$19,200				\$179,464
3. Funds Unobligated:													\$0
Grand Total (1 + 2 + 3)	\$603,106	\$523,204	\$112,934	\$59,649	\$38,333	\$285	\$6,760	\$450	\$288,805	\$0	\$89,536	\$11,106	\$1,734,168
<i>Life Amount in State</i>													

Region One: Northwestern Area Agency on Aging
FY 2023

	Title III-C (1)					Title III-C (2)					TOTAL	
	Federal	State	Local	Program Income		Federal	State	Local	Program Income			
1. Providers:												
Bi-County	\$126	\$250	\$44	\$0	\$420	\$207,345	\$414,528	\$161,405	\$56,000	\$839,278	\$839,698	
Brooke	\$102,308	\$4,801	\$6,105	\$40,000	\$153,214	\$238,717	\$11,202	\$14,245	\$140,000	\$404,164	\$557,378	
Calhoun	\$28,191	\$5,046	\$3,208	\$8,600	\$45,045	\$22,795	\$78,483	\$3,209	\$13,000	\$117,487	\$162,532	
Doddridge	\$11,447	\$16,796	\$1,205	\$2,500	\$31,948	\$34,341	\$50,389	\$4,821	\$2,500	\$92,051	\$123,999	
Gilmer	\$31,809	\$992	\$1,262	\$11,040	\$45,103	\$106,489	\$3,323	\$4,225	\$36,960	\$150,997	\$196,100	
Marion	\$26,164	\$32,081	\$6,407	\$14,190	\$78,843	\$119,193	\$172,727	\$13,009	\$28,811	\$333,739	\$412,582	
Monongalia	\$15,669	\$17,441	\$480	\$9,000	\$42,590	\$126,776	\$141,114	\$3,888	\$12,000	\$283,778	\$326,368	
Ohio	\$2,105	\$3,000	\$280	\$250	\$5,636	\$208,443	\$297,042	\$27,731	\$24,750	\$557,965	\$563,601	
Pleasants Nutrition	\$8,103	\$11,274	\$1,087	\$4,000	\$24,464	\$32,405	\$45,092	\$4,348	\$16,000	\$97,845	\$122,309	
Ritchie	\$28,469	\$1,200	\$2,079	\$6,030	\$37,778	\$111,876	\$4,802	\$5,554	\$6,030	\$128,262	\$166,040	
Tyler	\$9,083	\$13,186	\$120	\$5,231	\$27,620	\$36,328	\$52,741	\$5,880	\$11,050	\$105,999	\$133,619	
Wetzel (NWAAA)	\$0	\$0	\$0	\$0	\$0	\$61,499	\$49,783	\$9,457	\$100	\$120,839	\$120,839	
Wirt	\$11,824	\$18,379	\$1,522	\$2,632	\$34,357	\$33,109	\$51,462	\$4,260	\$7,368	\$96,199	\$130,556	
Wood	\$57,012	\$0	\$7,313	\$6,000	\$70,325	\$349,132	\$23,002	\$21,937	\$35,000	\$429,071	\$499,396	
Total	\$332,311	\$124,448	\$31,112	\$109,473		\$1,688,447	\$1,395,688	\$283,968	\$389,569		\$4,355,017	
2. AAA Admin	\$64,000					\$25,600					\$89,600	
3. Funds Unobligated:											\$0	
Grand Total (1 + 2 + 3)	\$396,311	\$124,448	\$31,112	\$109,473		\$1,714,047	\$1,395,688	\$283,968	\$389,569		\$4,444,617	
<i>State Use Only</i>												
T3C												
NSIP												
STATE IN-HOME												
PROGRAMS ELDERLY												

FY2023
Proposed Funding Levels
State Funds-Programs for the Elderly Allocation (Only)

	<u>Amount</u>
Area Agency on Aging Administration	\$23,315.00
Title IIIB Services	\$418,814.00
Title IIIC Services	\$152,010.00
Title IIID Services	\$285.00
Title IIIE Services	\$0.00
Other: (List Individually)	
WVSLA	\$13,261.00
TOTAL	\$607,685.00

A.
Transfer Request:

	<u>TITLE 3B</u>	<u>TITLE 3C</u>
INITIAL ALLOCATION		
TRANSFER REQUESTED(30% limit)		
attach brief explanation		
REVISED ALLOCATION	\$0.00	\$0.00

B.
Unobligated Funds:

INDICATE BY TITLE & SOURCE ANY UNOBLIGATED FUNDS AND THEIR PROPOSED USE:
 (Must be obligated by 12/31)

Region One : Northwestern Area Agency on Aging
 FY 2023

Organization to be Funded	Proposed Funding Level		Total of Preceding Columns	Other Resources
	Title VII Elder Abuse	Non-Federal Local State		
I. Area Agency				
J. Projects/Subgrants				
Marion	1,300		1,300	
TOTAL J.	1,300	0	1,300	
K. Funds Unobligated				
TOTAL (I+J+K)	1,300	0	1,300	

Date: 26-Aug-2022

Direct Service Waiver

Section 307(a)(8) of the Older Americans Act provides that services will not be provided directly by the Area Agency on Aging unless, in the judgment of the State agency, it is necessary due to one or more of the three provisions listed below:

- a. Provision of the service(s) by the area agency on aging is necessary to assure an adequate supply of such services;
- b. Such service(s) are directly related to area agency on aging administrative functions;
- c. The service(s) can be provided more economically, and with comparable quality, by the area agency on aging.

The following table includes the service(s) for which the agency is seeking approval to provide directly, provision, and justification. In addition, the agency may specify the time period during which the service is provided directly and/or in which counties.

Service	Provision	Justification	Time period	County
Title III-C2 Home-Delivered Meals	Provision of the service(s) by the area agency on aging is necessary to assure an adequate supply of such services;	The Wetzel County Committee on Aging Board declined to take on the Title III-C Program	October 1, 2022 - September 30, 2023	Wetzel County

FY 2023 Service Provider Budget
Title III - B, C1, C2, D & E
Provider Plan - Part V Budget Pages - Section A:
General Information Page

Name of Service Provider: Northwestern Area Agency on Aging - Belomar Interstate Planning Commission

Name, Address, Phone Number & Email of Grantee Belomar Interstate Planning Commission P. O. Box 2086 Wheeling, WV 26003 Phone: (304) 242-1800	Address Where Service Provision will be Conducted SAME
--	--

Program Period: Beginning: 10/1/22 Ending: 9/30/23	Name of Director or Coordinator Katie Hudak
---	---


Type of Budget <input checked="" type="checkbox"/> New <input type="checkbox"/> Revision - Date <u>8/30/2022</u> <input type="checkbox"/> Continuation <input type="checkbox"/> Supplement	Geographic Area Covered by Service Provider Brooke, Calhoun, Doddridge, Gilmer, Hancock, Harrison, Marion, Marshall, Monongalia, Ohio, Pleasants, Ritchie, Tyler, Wetzel, Wirt, Wood counties
---	---

COMPUTATION OF FUNDS REQUESTED					
	III B	III C1	III C2	III D	III E
A. Title III Federal Funds	\$140,800.00	\$0.00	\$0.00	\$0.00	\$19,200.00
B. Local Match	\$4,672.00	\$0.00	\$0.00	\$0.00	\$0.00
C. Program Income	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00
D. State Funds	\$80,000.00	\$0.00	\$0.00	\$0.00	\$0.00
E. LIFE	\$24,392.00	\$0.00	\$0.00	\$0.00	\$0.00
F. Total Funding	\$249,864.00	\$0.00	\$0.00	\$0.00	\$19,200.00
Other Resources					

Terms and Conditions: It is understood and agreed by the undersigned that:

- 1) Funds granted as a result of this request are to be expended for the purpose set forth herein and in accordance with all applicable laws, regulations, policies, and procedures of this State, the Area Agency on Aging and the Administration on Community Living of the U. S. Department of Health and Human Services.
- 2) Any proposed changes in the proposal as approved will be submitted in writing by the applicant and upon notification of approval by the AAA and State Agency, shall be deemed incorporated into and become a part of this agreement.
- 3) Funds awarded by this agency may be terminated at any time for violations of any terms and requirements of this agreement.

Individual Authorized to Commit Organization to this Agreement (Grantee)

Name: Katie Hudak	Signature: 
Title: NWAAA Director	Date: 8/30/2022

FY 2023

Title III-B Line Items

Provider Plan - Part V Budget Pages - Section B

(Include all Title III, State, LIFE, Local, PI and Other Funding in each column)

III-B LINE ITEMS	Title III-B	LIFE	State Match	Local	PI	Other	TOTAL
Personnel Costs							
							\$0.00
NWAAA Director	\$5,435.00	\$9,517.00	\$21,619.00			\$1,906.00	\$38,477.00
NWAAA Monitor	\$12,555.00	\$7,907.00	\$4,294.55			\$4,411.00	\$29,167.55
							\$0.00
							\$0.00
							\$0.00
							\$0.00
Fringe Benefit Rate .399925	\$9,720.00	\$6,968.00	\$22,854.00				\$39,542.00
							\$0.00
							\$0.00
							\$0.00
							\$0.00
							\$0.00
TOTAL Personnel Cost	\$27,710.00	\$24,392.00	\$48,767.55	\$0.00	\$0.00	\$6,317.00	\$107,186.55
3A. Printing & Supplies (Include detail)							
							\$0.00
							\$0.00
							\$0.00
TOTAL Printing & Supplies	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00
3B. Equipment (List only items over \$5000 per unit)							
							\$0.00
TOTAL Equipment	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00
4A. Building Space							
							\$0.00
TOTAL Building Space	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00
4B. Communications/Utilities (include detail)							
							\$0.00
							\$0.00
							\$0.00
							\$0.00
							\$0.00
							\$0.00
							\$0.00
							\$0.00
							\$0.00
							\$0.00
							\$0.00
							\$0.00
							\$0.00
							\$0.00
							\$0.00
							\$0.00
							\$0.00
							\$0.00
TOTAL Communications/Utilities	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00
4C. Travel (List each item & cost)							
2,564 miles @ .585 per mile	\$1,500.00						\$1,500.00
							\$0.00
TOTAL Travel	\$1,500.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$1,500.00
4D. Other (List each item & cost)							
							\$0.00
							\$0.00
TOTAL Other	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00
5. Indirect Costs (Provide base x rate)							
Indirect Cost Rate \$ x 1.2956	\$111,590.00			\$4,672.00		\$3,659.00	\$119,921.00
							\$0.00
TOTAL Indirect Costs	\$111,590.00	\$0.00	\$0.00	\$4,672.00	\$0.00	\$3,659.00	\$119,921.00
GRAND TOTAL	Title III-B	LIFE	State Match	Local	PI	Other	TOTAL
Title III-B: LINE ITEM COSTS	\$140,800.00	\$24,392.00	\$48,767.55	\$4,672.00	\$0.00	\$9,976.00	\$228,607.55

FY 2023

III-B Match Summary Page

Provider Plan - Part V Budget Pages - Section C

III-B MATCH	Title III-B	LIFE	State Match	Local	Other	TOTAL
A1. Local Cash Match (Sources)						
NWAAA Monitor			\$24,832.45			\$24,832.45
	\$0.00	\$0.00	\$24,832.45	\$0.00	\$0.00	\$24,832.45
A2. Restricted Funds						
						\$0.00
	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00
B. In-Kind Match-Local (Sources)						
						\$0.00
	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00
C. State Funding Match Resources:						
(Include all state match used to meet minimum match, LIFE indicated is part of the budget used here only for match purposes) Programs for Elderly State N/A						\$0.00
						\$0.00
						\$0.00
						\$0.00
						\$0.00
						\$0.00
						\$0.00
						\$0.00
						\$0.00
		\$0.00	\$0.00	\$0.00	\$0.00	\$0.00
TOTAL III-B MATCH						
	\$0.00	\$0.00	\$24,832.45	\$0.00	\$0.00	\$24,832.45

Note: Match for Title III B and Title IIID must equal federal allocation divided by 5.67.

Note: Match for Title IIIE must meet federal allocation divided by 3.

FY 2023

Title III-E Line Items

Provider Plan - Part V Budget Pages - Section H.

(Include all Title III, State, LIFE, Local, PI and Other Funding in each column)

III-E LINE ITEMS	Title III-E	LIFE	State Match	Local	PI	Other	TOTAL
Personnel Costs							
							\$0.00
NWAAA Director	\$7,123.00						\$7,123.00
							\$0.00
							\$0.00
							\$0.00
							\$0.00
							\$0.00
							\$0.00
							\$0.00
							\$0.00
							\$0.00
							\$0.00
							\$0.00
							\$0.00
							\$0.00
							\$0.00
							\$0.00
Fringe Benefit Rate .399925	\$2,848.00						\$2,848.00
							\$0.00
							\$0.00
							\$0.00
							\$0.00
							\$0.00
							\$0.00
							\$0.00
							\$0.00
							\$0.00
							\$0.00
							\$0.00
							\$0.00
TOTAL Personnel Cost	\$9,971.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$9,971.00
3A. Printing & Supplies (include detail)							
							\$0.00
							\$0.00
							\$0.00
							\$0.00
TOTAL Printing & Supplies	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00
3B. Equipment (List only items +\$5,000 per unit)							
							\$0.00
							\$0.00
							\$0.00
							\$0.00
TOTAL Equipment	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00
4A. Building Space							
							\$0.00
							\$0.00
							\$0.00
TOTAL Building Space	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00
4B. Communications/Utilities (include detail)							
							\$0.00
							\$0.00
							\$0.00
							\$0.00
							\$0.00
TOTAL Communications/Utilities	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00
4C. Travel (List each item & cost)							
							\$0.00
							\$0.00
							\$0.00
							\$0.00
TOTAL Travel	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00
4D. Other (List each item & cost)							
							\$0.00
							\$0.00
							\$0.00
							\$0.00
TOTAL Other	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00
5. Indirect Costs (Provide base x rate)							
Indirect Cost Rate \$ x 1.2956	\$9,229.00						\$9,229.00
							\$0.00
TOTAL Indirect Costs	\$9,229.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$9,229.00
GRAND TOTAL	Title III-E	LIFE	State Match	Local	PI	Other	TOTAL

FY 2023
III-E Match Summary Page
 Provider Plan - Part V - Section I.

III-E MATCH	Title III-E	LIFE	State Match	Local	Other	TOTAL
A1. Local Cash Match (Sources)						
NWAAA Executive Director			\$6,400.00			\$0.00
						\$6,400.00
						\$0.00
						\$0.00
						\$0.00
	\$0.00	\$0.00	\$6,400.00	\$0.00	\$0.00	\$6,400.00
A2. Restricted Funds						
						\$0.00
						\$0.00
						\$0.00
						\$0.00
						\$0.00
	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00
B. In-Kind Match-Local (Sources)						
						\$0.00
						\$0.00
						\$0.00
						\$0.00
						\$0.00
	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00
C. State Funding Match Resources:						
<i>(Include all state match used to meet minimum match, LIFE indicated is part of the budget used here only for match purposes) Programs for Elderly State</i>						\$0.00
						\$0.00
						\$0.00
						\$0.00
						\$0.00
						\$0.00
						\$0.00
						\$0.00
						\$0.00
						\$0.00
	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00
TOTAL MATCH	\$0.00	\$0.00	#####	\$0.00	\$0.00	\$6,400.00

Note: Match for Title III B and Title IIID must equal federal allocation divided by 5.67.
 Note: Match for Title III E must meet federal allocation divided by 3.

FY 2023
Priority Services Page

Provider Plan - Part V - Section J.

(Include all Title III, State, LIFE, Local and PI in each column)

Title III B and E Funds for Priority Services: Cluster 1

(will be billed per unit cost, except transportation)

	Hours	Rate	Title III B	Title III E	Cost Share	Program Income	LIFE	Local	Total Budget Amounts
a) Transportation Costs									\$0.00
b) Personal Care/LH		\$16.00	\$0.00						\$0.00
c) Homemaker		\$13.00	\$0.00						\$0.00
d) Chore		\$13.00	\$0.00						\$0.00
e) 3E Adult Day Care		\$8.00	\$0.00						\$0.00
f) 3E Cong. Respite		\$8.00		\$0.00					\$0.00
g) 3E In-Home Respite		\$14.00		\$0.00					\$0.00

Subtotal: PRIORITY SERVICES COSTS	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00
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Title IIIB Priority Services	Federal	
Title IIIB Priority Services	State	
TOTAL (must equal line E19)		\$0.00

	B	C1	C2	D	E
Subtotal: LINE ITEM COSTS	\$194,239.55	\$0.00	\$0.00	\$0.00	\$19,200.00

(Federal + State + PI + Local)

	B	C1	C2	D	E	Total
Grand Total: TITLE III BUDGET	\$194,239.55	\$0.00	\$0.00	\$0.00	\$19,200.00	\$213,439.55

(Federal + State + PI + Local)

Funding Breakdown:	B	C1	C2	D	E	Total
Federal Title III	\$140,800.00	#DIV/0!	#DIV/0!	\$0.00	\$19,200.00	#DIV/0!
NSIP		#DIV/0!	#DIV/0!			#DIV/0!
State	\$48,767.55	#DIV/0!	#DIV/0!	\$0.00	\$0.00	#DIV/0!
LIFE	\$24,392.00	#DIV/0!	#DIV/0!	\$0.00	\$0.00	#DIV/0!
Local	\$4,672.00	#DIV/0!	#DIV/0!	\$0.00	\$0.00	#DIV/0!
Program Income	\$0.00	#DIV/0!	#DIV/0!	\$0.00	\$0.00	#DIV/0!
	\$218,631.55	#DIV/0!	#DIV/0!	\$0.00	\$19,200.00	#DIV/0!